

Plads Navn

Klasse

Tid

2,5kmbegynder

1 Emil Skouenborg 26 19:22

00:26= 02:21= 04:19= 05:43= 07:26= 08:51= 09:41= 10:31= 13:16= 15:34= 17:06= 19:11= 19:22=
 00:26= 01:55= 01:58= 01:24= 01:43= 01:25= 00:50= 00:50= 02:45= 02:18= 01:32= 02:05= 00:11=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Malene Kjems NOTEAM 21:11

00:35+ 02:59+ 04:57+ 08:00+ 09:25+ 10:37+ 11:22+ 12:11+ 14:43+ 17:05+ 18:48+ 20:53+ 21:11+
 00:35+ 02:24+ 01:58= 03:03+ 01:25- 01:12- 00:45- 00:49- 02:32- 02:22+ 01:43+ 02:05= 00:18+
 00:09& 00:29& 00:00= 01:39@ 00:18- 00:13- 00:05- 00:01- 00:13- 00:04+ 00:11# 00:00= 00:07&

3 Alfred Damkjær Thorsen 26 23:21

00:29+ 03:26+ 05:27+ 07:30+ 09:08+ 10:41+ 12:04+ 13:21+ 15:51+ 18:18+ 20:50+ 23:09+ 23:21+
 00:29+ 02:57+ 02:01+ 02:03+ 01:38- 01:33+ 01:23+ 01:17+ 02:30- 02:27+ 02:32+ 02:19+ 00:12+
 00:03# 01:02& 00:03+ 00:39& 00:05- 00:08+ 00:33& 00:27& 00:15- 00:09+ 01:00& 00:14# 00:01+

4 Artisha Wongdee Lind 3 25:09

00:27+ 02:35+ 04:39+ 06:23+ 08:24+ 10:57+ 13:49+ 14:34+ 16:49+ 19:30+ 22:16+ 24:54+ 25:09+
 00:27+ 02:08+ 02:04+ 01:44+ 02:01+ 02:33+ 02:52+ 00:45- 02:15- 02:41+ 02:46+ 02:38+ 00:15+
 00:01+ 00:13# 00:06+ 00:20# 00:18# 01:08& 02:02@ 00:05- 00:30- 00:23# 01:14& 00:33& 00:04&

5 Ida Damkjær Thorsen 26 27:07

00:45+ 03:31+ 06:26+ 09:31+ 11:41+ 13:33+ 14:24+ 15:27+ 18:03+ 21:29+ 24:20+ 26:54+ 27:07+
 00:45+ 02:46+ 02:55+ 03:05+ 02:10+ 01:52+ 00:51+ 01:03+ 02:36- 03:26+ 02:51+ 02:34+ 00:13+
 00:19& 00:51& 00:57& 01:41@ 00:27& 00:27& 00:01+ 00:13& 00:09- 01:08& 01:19& 00:29# 00:02#

6 Mikkel Popp Bobach 38 30:38

00:33+ 04:47+ 07:44+ 10:13+ 12:23+ 14:16+ 15:13+ 16:44+ 21:02+ 24:48+ 27:35+ 30:24+ 30:38+
 00:33+ 04:14+ 02:57+ 02:29+ 02:10+ 01:53+ 00:57+ 01:31+ 04:18+ 03:46+ 02:47+ 02:49+ 00:14+
 00:07& 02:19@ 00:59& 01:05& 00:27& 00:28& 00:07# 00:41& 01:33& 01:28& 01:15& 00:44& 00:03&

7 Karoline Grønberg Gebka 20 33:04

01:28+ 05:19+ 08:05+ 10:53+ 13:19+ 15:10+ 16:18+ 17:42+ 22:56+ 27:03+ 29:54+ 32:50+ 33:04+
 01:28+ 03:51+ 02:46+ 02:48+ 02:26+ 01:51+ 01:08+ 01:24+ 05:14+ 04:07+ 02:51+ 02:56+ 00:14+
 01:02@ 01:56@ 00:48& 01:24& 00:43& 00:26& 00:18& 00:34& 02:29& 01:49& 01:19& 00:51& 00:03&

8 Victoria Olesen Hinge Ok Pan 36:58

00:26= 03:05+ 22:37+ 24:07+ 25:29+ 26:22+ 27:25+ 30:20+ 32:58+ 35:02+ 36:47+ 36:58+
 00:26= 02:39+ 19:32+ 01:30+ 01:22- 00:53- 01:03+ 02:55+ 02:38- 02:04- 01:45+ 00:11-
 00:00= 00:44& 17:34@ 00:06+ 00:21- 00:32- 00:13& 02:05@ 00:07- 00:14- 00:13# 01:54-

9 Maja Skouenborg 26 38:43

00:28+ 03:58+ 06:47+ 10:16+ 16:42+ 19:16+ 20:32+ 22:28+ 26:39+ 31:45+ 35:04+ 38:17+ 38:43+
 00:28+ 03:30+ 02:49+ 03:29+ 06:26+ 02:34+ 01:16+ 01:56+ 04:11+ 05:06+ 03:19+ 03:13+ 00:26+
 00:02+ 01:35& 00:51& 02:05@ 04:43@ 01:09& 00:26& 01:06@ 01:26& 02:48@ 01:47@ 01:08& 00:15@

10 Rungtawan Wongde 3 41:59

01:18+ 05:30+ 08:51+ 11:55+ 14:39+ 16:57+ 20:40+ 24:01+ 29:07+ 34:03+ 37:30+ 41:26+ 41:59+
 01:18+ 04:12+ 03:21+ 03:04+ 02:44+ 02:18+ 03:43+ 03:21+ 05:06+ 04:56+ 03:27+ 03:56+ 00:33+
 00:52@ 02:17@ 01:23& 01:40@ 00:53& 02:53@ 02:31@ 02:21& 02:38@ 01:55@ 01:51& 00:22@

Beste stræktid for klassen

00:26 01:55 01:58 01:24 01:22 00:53 00:45 00:45 02:15 02:04 01:32 00:11 00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

3,5kmlet hvid

3,5kmlet hvid

1 Mathilde Grønberg Gebka 20 38:32

01:11= 03:54= 06:14= 08:43= 10:36= 13:04= 18:43= 24:24= 26:48= 32:51= 35:37= 38:20= 38:32=
 01:11= 02:43= 02:20= 02:29= 01:53= 02:28= 05:39= 05:41= 02:24= 06:03= 02:46= 02:43= 00:12=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Ida Marie M. Sigvardt 17 41:12

00:25+ 03:02+ 04:44+ 06:15+ 07:40+ 09:18+ 12:54+ 29:51+ 31:12+ 35:38+ 37:13+ 40:58+ 41:12+
 00:25+ 02:37+ 01:42+ 01:31+ 01:25+ 01:38+ 03:36+ 16:57+ 01:21+ 04:26+ 01:35+ 03:45+ 00:14+
 00:25+ 02:37+ 01:42+ 01:31+ 01:25+ 01:38+ 03:36+ 16:57+ 01:21+ 04:26+ 01:35+ 03:45+ 00:14+

3 Silke Konring Larsen 4 43:36

00:26+ 03:04+ 05:12+ 06:56+ 08:59+ 11:29+ 15:31+ 32:26+ 33:43+ 38:27+ 40:47+ 43:25+ 43:36+
 00:26+ 02:38+ 02:08+ 01:44+ 02:03+ 02:30+ 04:02+ 16:55+ 01:17+ 04:44+ 02:20+ 02:38+ 00:11+
 00:26+ 02:38+ 02:08+ 01:44+ 02:03+ 02:30+ 04:02+ 16:55+ 01:17+ 04:44+ 02:20+ 02:38+ 00:11+

4 Sarah Toft Kalms 12 56:48

01:06+ 03:51+ 06:28+ 09:29+ 11:56+ 16:23+ 26:49+ 37:39+ 40:37+ 48:58+ 52:35+ 56:21+ 56:48+
 01:06+ 02:45+ 02:37+ 03:01+ 02:27+ 04:27+ 10:26+ 10:50+ 02:58+ 08:21+ 03:37+ 03:46+ 00:27+
 01:06+ 02:45+ 02:37+ 03:01+ 02:27+ 04:27+ 10:26+ 10:50+ 02:58+ 08:21+ 03:37+ 03:46+ 00:27+

5 Bodil Thy Rsok 1:05:14

01:09+ 06:34+ 10:25+ 13:43+ 16:58+ 20:21+ 28:48+ 44:35+ 47:50+ 57:17+ 60:26+ 64:50+ 65:14+
 01:09+ 05:25+ 03:51+ 03:18+ 03:15+ 03:23+ 08:27+ 15:47+ 08:27+ 03:15+ 09:27+ 03:09+ 04:24+ 00:24+
 01:09+ 05:25+ 03:51+ 03:18+ 03:15+ 03:23+ 08:27+ 15:47+ 03:15+ 09:27+ 03:09+ 04:24+ 00:24+

6 Inger Munck 21 1:13:28

01:11+ 08:16+ 12:09+ 16:13+ 19:47+ 23:36+ 34:26+ 45:30+ 49:42+ 59:19+ 64:10+ 73:01+ 73:28+
 01:11+ 07:05+ 03:53+ 04:04+ 03:34+ 03:49+ 10:50+ 11:04+ 04:12+ 09:37+ 04:51+ 08:51+ 00:27+
 01:11+ 07:05+ 03:53+ 04:04+ 03:34+ 03:49+ 10:50+ 11:04+ 04:12+ 09:37+ 04:51+ 08:51+ 00:27+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

3km blå/sort

1 Flemming Nørgaard Ok Pan 49:14

07:39= 09:46= 13:24= 19:08= 23:53= 29:53= 32:53= 40:43= 47:28= 48:57= 49:14=
 07:39= 02:07= 03:38= 05:44= 04:45= 06:00= 03:00= 07:50= 06:45= 01:29= 00:17=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Torben Jørgensen Sok 51:40

06:59- 08:53- 11:49- 17:44- 22:08- 28:01- 31:47- 38:34- 48:12+ 49:44+ 51:40+
 06:59- 01:54- 02:56- 05:55+ 04:24- 05:53- 03:46+ 06:47- 09:38+ 01:32+ 01:56+
 00:40- 00:13- 00:42- 00:11+ 00:21- 00:07- 00:46& 01:03- 02:53& 00:03+ 01:39@

4 Helge Søgaard Rsok 1:00:22

10:33+ 13:25+ 17:13+ 23:47+ 29:05+ 36:09+ 39:28+ 47:38+ 57:50+ 60:03+ 60:22+
 10:33+ 02:52+ 03:48+ 06:34+ 05:18+ 07:04+ 03:19+ 08:10+ 10:12+ 02:13+ 00:19+
 02:54& 00:45& 00:10+ 00:50# 00:33# 01:04# 00:19# 00:20+ 03:27& 00:44& 00:02#

5 Paul Andreas Paulsen 11 1:02:30

06:50- 12:18+ 19:48+ 25:05+ 29:55+ 37:07+ 43:12+ 50:57+ 60:38+ 62:13+ 62:30+
 06:50- 05:28+ 07:30+ 05:17- 04:50+ 07:12+ 06:05+ 07:45- 09:41+ 01:35+ 00:17=
 00:49- 03:21@ 03:52@ 00:27- 00:05+ 01:12# 03:05@ 00:05- 02:56& 00:06+ 00:00=

Plas	Navn	Klasse										Tid
3km blå/sort												
6	Hans Nielsen	21										1:04:21
	10:08+	13:02+	16:20+	25:20+	30:50+	40:40+	43:47+	51:51+	61:53+	64:01+	64:21+	
	10:08+	02:54+	03:18-	09:00+	05:30+	09:50+	03:07+	08:04+	10:02+	02:08+	00:20+	
	02:29&	00:47&	00:20-	03:16&	00:45#	03:50&	00:07+	00:14+	03:17&	00:39&	00:03#	
7	Frants Nielsen	9										1:05:19
	10:33+	13:09+	16:24+	24:10+	31:43+	37:57+	42:04+	51:19+	63:12+	65:02+	65:19+	
	10:33+	02:36+	03:15+	07:46+	07:33+	06:14+	04:07+	09:15+	11:53+	01:50+	00:17+	
	10:33+	02:36+	03:15+	07:46+	07:33+	06:14+	04:07+	09:15+	11:53+	01:50+	00:17+	
8	Kirsten Bobach	38										1:05:35
	09:11+	12:31+	19:49+	26:33+	32:32+	40:24+	44:08+	53:50+	63:30+	65:18+	65:35+	
	09:11+	03:20+	07:18+	06:44+	05:59+	07:52+	03:44+	09:42+	09:40+	01:48+	00:17+	
	09:11+	03:20+	07:18+	06:44+	05:59+	07:52+	03:44+	09:42+	09:40+	01:48+	00:17+	
9	Mona Nørgaard	OK PAN										1:06:14
	10:02+	12:49+	18:08+	25:07+	30:43+	37:41+	40:55+	53:12+	64:23+	65:53+	66:14+	
	10:02+	02:47+	05:19+	06:59+	05:36+	06:58+	03:14+	12:17+	11:11+	01:30+	00:21+	
	10:02+	02:47+	05:19+	06:59+	05:36+	06:58+	03:14+	12:17+	11:11+	01:30+	00:21+	
10	Tove Jakobsen	SOK										1:09:15
	10:29+	13:26+	17:16+	24:45+	31:28+	39:18+	47:33+	56:30+	67:01+	68:59+	69:15+	
	10:29+	02:57+	03:50+	07:29+	06:43+	07:50+	08:15+	08:57+	10:31+	01:58+	00:16+	
	10:29+	02:57+	03:50+	07:29+	06:43+	07:50+	08:15+	08:57+	10:31+	01:58+	00:16+	
11	Ann Dorrit Hansen	18										1:10:37
	10:19+	14:00+	17:32+	27:08+	34:01+	43:34+	47:36+	60:18+	67:55+	70:17+	70:37+	
	10:19+	03:41+	03:32+	09:36+	06:53+	09:33+	04:02+	12:42+	07:37+	02:22+	00:20+	
	10:19+	03:41+	03:32+	09:36+	06:53+	09:33+	04:02+	12:42+	07:37+	02:22+	00:20+	
12	Pia Gade	37										1:10:40
	12:06+	15:08+	18:53+	26:54+	37:21+	44:48+	49:13+	58:17+	68:36+	70:25+	70:40+	
	12:06+	03:02+	03:45+	08:01+	10:27+	07:27+	04:25+	09:04+	10:19+	01:49+	00:15+	
	12:06+	03:02+	03:45+	08:01+	10:27+	07:27+	04:25+	09:04+	10:19+	01:49+	00:15+	
13	Asger Kristensen	9										1:13:19
	10:39+	13:38+	17:58+	25:44+	32:45+	39:50+	44:12+	53:50+	70:35+	73:00+	73:19+	
	10:39+	02:59+	04:20+	07:46+	07:01+	07:05+	04:22+	09:38+	16:45+	02:25+	00:19+	
	10:39+	02:59+	04:20+	07:46+	07:01+	07:05+	04:22+	09:38+	16:45+	02:25+	00:19+	
14	Jørgen Stamp	17										1:14:55
	18:35+	21:34+	24:52+	37:36+	43:08+	51:17+	55:33+	64:40+	72:55+	74:39+	74:55+	
	18:35+	02:59+	03:18+	12:44+	05:32+	08:09+	04:16+	09:07+	08:15+	01:44+	00:16+	
	18:35+	02:59+	03:18+	12:44+	05:32+	08:09+	04:16+	09:07+	08:15+	01:44+	00:16+	
15	Ole F. Thomsen	28										1:15:50
	11:31+	14:12+	18:07+	38:38+	43:18+	50:01+	54:04+	64:32+	73:20+	75:34+	75:50+	
	11:31+	02:41+	03:55+	20:31+	04:40+	06:43+	04:03+	10:28+	08:48+	02:14+	00:16+	
	11:31+	02:41+	03:55+	20:31+	04:40+	06:43+	04:03+	10:28+	08:48+	02:14+	00:16+	
16	Hanne Lyhne Jochumsen	19										1:16:54
	14:01+	16:54+	21:53+	30:21+	36:27+	45:28+	49:31+	61:34+	73:52+	76:27+	76:54+	
	14:01+	02:53+	04:59+	08:28+	06:06+	09:01+	04:03+	12:03+	12:18+	02:35+	00:27+	
	14:01+	02:53+	04:59+	08:28+	06:06+	09:01+	04:03+	12:03+	12:18+	02:35+	00:27+	
17	Susanne Gasbjerg	Sok										1:19:22
	17:18+	22:12+	25:05+	31:46+	37:34+	46:56+	57:34+	67:08+	77:26+	79:04+	79:22+	
	17:18+	04:54+	02:53+	06:41+	05:48+	09:22+	10:38+	09:34+	10:18+	01:38+	00:18+	
	17:18+	04:54+	02:53+	06:41+	05:48+	09:22+	10:38+	09:34+	10:18+	01:38+	00:18+	

Class	Navn	Klasse								Tid
3km blå/sort										
18	Lilli Hansen	20								1:19:38
10:41+	14:06+	17:40+	30:52+	37:06+	47:47+	52:03+	66:08+	76:16+	79:08+	79:38+
10:41+	03:25+	03:34+	13:12+	06:14+	10:41+	04:16+	14:05+	10:08+	02:52+	00:30+
10:41+	03:25+	03:34+	13:12+	06:14+	10:41+	04:16+	14:05+	10:08+	02:52+	00:30+
19	Holger Mikkelsen	17								1:20:51
12:45+	16:08+	20:04+	31:04+	40:07+	49:47+	53:31+	65:41+	78:40+	80:33+	80:51+
12:45+	03:23+	03:56+	11:00+	09:03+	09:40+	03:44+	12:10+	12:59+	01:53+	00:18+
12:45+	03:23+	03:56+	11:00+	09:03+	09:40+	03:44+	12:10+	12:59+	01:53+	00:18+
20	Poul Grøn	Ok Pan								1:21:10
09:18+	11:13+	23:07+	44:23+	49:36+	55:50+	58:54+	67:28+	78:53+	80:57+	81:10+
09:18+	01:55+	11:54+	21:16+	05:13+	06:14+	03:04+	08:34+	11:25+	02:04+	00:13+
09:18+	01:55+	11:54+	21:16+	05:13+	06:14+	03:04+	08:34+	11:25+	02:04+	00:13+
21	Pia Grønberg Hansen	20								1:21:35
13:33+	16:44+	21:32+	32:43+	39:03+	49:49+	54:00+	68:01+	78:26+	81:09+	81:35+
13:33+	03:11+	04:48+	11:11+	06:20+	10:46+	04:11+	14:01+	10:25+	02:43+	00:26+
13:33+	03:11+	04:48+	11:11+	06:20+	10:46+	04:11+	14:01+	10:25+	02:43+	00:26+
22	Inge Thorsen	17								1:26:52
11:07+	14:01+	20:32+	28:51+	36:25+	44:33+	65:08+	75:48+	84:22+	86:35+	86:52+
11:07+	02:54+	06:31+	08:19+	07:34+	08:08+	20:35+	10:40+	08:34+	02:13+	00:17+
11:07+	02:54+	06:31+	08:19+	07:34+	08:08+	20:35+	10:40+	08:34+	02:13+	00:17+
23	Per F. Henriksen	21								1:26:53
11:31+	15:06+	20:24+	37:25+	45:36+	53:02+	58:27+	73:57+	83:15+	86:28+	86:53+
11:31+	03:35+	05:18+	17:01+	08:11+	07:26+	05:25+	15:30+	09:18+	03:13+	00:25+
11:31+	03:35+	05:18+	17:01+	08:11+	07:26+	05:25+	15:30+	09:18+	03:13+	00:25+
24	Helle Brøchner Jønson	24								1:27:57
10:31+	12:56+	17:05+	24:15+	30:03+	50:11+	72:05+	79:54+	86:15+	87:41+	87:57+
10:31+	02:25+	04:09+	07:10+	05:48+	20:08+	21:54+	07:49+	06:21+	01:26+	00:16+
10:31+	02:25+	04:09+	07:10+	05:48+	20:08+	21:54+	07:49+	06:21+	01:26+	00:16+
25	Ole Rasmussen	14								1:28:08
11:10+	15:34+	19:06+	30:42+	36:53+	44:35+	48:35+	59:44+	85:56+	87:52+	88:08+
11:10+	04:24+	03:32+	11:36+	06:11+	07:42+	04:00+	11:09+	26:12+	01:56+	00:16+
11:10+	04:24+	03:32+	11:36+	06:11+	07:42+	04:00+	11:09+	26:12+	01:56+	00:16+
26	Eva Konring Olesen	4								1:28:26
15:05+	18:47+	23:43+	32:12+	38:01+	48:38+	56:26+	76:48+	85:52+	88:04+	88:26+
15:05+	03:42+	04:56+	08:29+	05:49+	10:37+	07:48+	20:22+	09:04+	02:12+	00:22+
15:05+	03:42+	04:56+	08:29+	05:49+	10:37+	07:48+	20:22+	09:04+	02:12+	00:22+
27	Ellen Thomsen	28								1:30:05
13:09+	16:57+	22:50+	36:52+	43:44+	55:26+	63:41+	78:57+	87:09+	89:31+	90:05+
13:09+	03:48+	05:53+	14:02+	06:52+	11:42+	08:15+	15:16+	08:12+	02:22+	00:34+
13:09+	03:48+	05:53+	14:02+	06:52+	11:42+	08:15+	15:16+	08:12+	02:22+	00:34+
28	Grethe Larsen	26								1:32:00
17:59+	31:23+	36:04+	42:32+	48:45+	57:17+	65:44+	80:49+	88:45+	91:12+	92:00+
17:59+	13:24+	04:41+	06:28+	06:13+	08:32+	08:27+	15:05+	07:56+	02:27+	00:48+
17:59+	13:24+	04:41+	06:28+	06:13+	08:32+	08:27+	15:05+	07:56+	02:27+	00:48+
29	Randi Splittorff	35								1:32:21
20:21+	24:30+	30:17+	43:35+	54:18+	62:05+	65:45+	76:17+	90:29+	92:07+	92:21+
20:21+	04:09+	05:47+	13:18+	10:43+	07:47+	03:40+	10:32+	14:12+	01:38+	00:14+
20:21+	04:09+	05:47+	13:18+	10:43+	07:47+	03:40+	10:32+	14:12+	01:38+	00:14+

3km blå/sort

30 Annette Færing 35 1:36:29

10:35+ 20:29+ 27:17+ 34:17+ 43:24+ 53:13+ 71:56+ 82:50+ 93:41+ 96:00+ 96:29+
 10:35+ 09:54+ 06:48+ 07:00+ 09:07+ 09:49+ 18:43+ 10:54+ 10:51+ 02:19+ 00:29+
 10:35+ 09:54+ 06:48+ 07:00+ 09:07+ 09:49+ 18:43+ 10:54+ 10:51+ 02:19+ 00:29+

31 Else Roesgaard 16 1:45:14

16:37+ 20:32+ 24:50+ 33:41+ 59:37+ 70:38+ 75:03+ 92:55+ 102:04+ 104:51+ 105:14+
 16:37+ 03:55+ 04:18+ 08:51+ 25:56+ 11:01+ 04:25+ 17:52+ 09:09+ 02:47+ 00:23+
 16:37+ 03:55+ 04:18+ 08:51+ 25:56+ 11:01+ 04:25+ 17:52+ 09:09+ 02:47+ 00:23+

32 Lone Christensen 39 1:49:30

18:51+ 22:33+ 26:54+ 39:12+ 52:07+ 72:31+ 77:06+ 96:51+ 106:19+ 109:06+ 109:30+
 18:51+ 03:42+ 04:21+ 12:18+ 12:55+ 20:24+ 04:35+ 19:45+ 09:28+ 02:47+ 00:24+
 18:51+ 03:42+ 04:21+ 12:18+ 12:55+ 20:24+ 04:35+ 19:45+ 09:28+ 02:47+ 00:24+

33 Olaf Christensen 39 1:52:22

19:29+ 25:13+ 30:04+ 41:55+ 55:00+ 75:07+ 80:04+ 99:42+ 109:09+ 112:00+ 112:22+
 19:29+ 05:44+ 04:51+ 11:51+ 13:05+ 20:07+ 04:57+ 19:38+ 09:27+ 02:51+ 00:22+
 19:29+ 05:44+ 04:51+ 11:51+ 13:05+ 20:07+ 04:57+ 19:38+ 09:27+ 02:51+ 00:22+

34 Herluf Jensen 35 1:53:53

14:41+ 17:40+ 24:50+ 36:47+ 45:21+ 62:44+ 85:22+ 96:40+ 111:00+ 113:23+ 113:53+
 14:41+ 02:59+ 07:10+ 11:57+ 08:34+ 17:23+ 22:38+ 11:18+ 14:20+ 02:23+ 00:30+
 14:41+ 02:59+ 07:10+ 11:57+ 08:34+ 17:23+ 22:38+ 11:18+ 14:20+ 02:23+ 00:30+

35 Bitten Nielsen 9 1:58:35

12:50+ 15:16+ 25:56+ 39:52+ 45:30+ 58:52+ 67:10+ 88:37+ 115:13+ 118:11+ 118:35+
 12:50+ 02:26+ 10:40+ 13:56+ 05:38+ 13:22+ 08:18+ 21:27+ 26:36+ 02:58+ 00:24+
 12:50+ 02:26+ 10:40+ 13:56+ 05:38+ 13:22+ 08:18+ 21:27+ 26:36+ 02:58+ 00:24+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

4,1km gul

1 Mattias Klostergaard Rokkjær SOK 56:09

05:14= 06:41= 15:07= 21:37= 28:35= 38:03= 41:08= 43:09= 45:13= 49:07= 51:09= 55:05= 55:57= 56:09=
 05:14= 01:27= 08:26= 06:30= 06:58= 09:28= 03:05= 02:01= 02:04= 03:54= 02:02= 03:56= 00:52= 00:12=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Anders Sigvardt 17 1:05:49

17:12+ 20:41+ 30:24+ 34:32+ 38:43+ 45:34+ 47:34+ 53:16+ 55:17+ 59:09+ 61:19+ 64:35+ 65:35+ 65:49+
 17:12+ 03:29+ 09:43+ 04:08- 04:11- 06:51- 02:00- 05:42+ 02:01- 03:52- 02:10+ 03:16- 01:00+ 00:14+
 11:58@ 02:02@ 01:17# 02:22- 02:47- 01:05- 03:41@ 00:03- 00:02- 00:08+ 00:40- 00:08# 00:02#

3 Steffen Damkjær Hansen 26 1:11:34

09:52+ 12:04+ 19:10+ 23:39+ 27:26- 40:50+ 44:10+ 49:10+ 51:34+ 56:30+ 62:51+ 70:20+ 71:25+ 71:34+
 09:52+ 02:12+ 07:06- 04:29- 03:47- 13:24+ 03:20+ 05:00+ 02:24+ 04:56+ 06:21+ 07:29+ 01:05+ 00:09-
 04:38& 00:45& 01:20- 02:01- 03:11- 03:56& 00:15+ 02:59@ 00:20# 01:02& 04:19@ 03:33& 00:13# 00:03-

4 Sejer Bloch Rosenvinge 26 1:13:15

04:38- 06:09- 14:57- 24:26+ 29:07+ 38:13+ 40:16- 43:18+ 44:59- 61:48+ 69:03+ 72:02+ 73:04+ 73:15+
 04:38- 01:31+ 08:48+ 09:29+ 04:41- 09:06- 02:03- 03:02+ 01:41- 16:49+ 07:15+ 02:59- 01:02+ 00:11-
 00:36- 00:04+ 00:22+ 02:59& 02:17- 00:22- 01:02- 01:01& 00:23- 12:55@ 05:13@ 00:57- 00:10# 00:01-

4,1km gul

5 Mette Grønberg Gebka 20 1:19:54

06:23+	09:47+	19:07+	26:06+	33:31+	45:48+	49:30+	59:10+	62:38+	68:02+	72:08+	77:59+	79:38+	79:54+
06:23+	03:24+	09:20+	06:59+	07:25+	12:17+	03:42+	09:40+	03:28+	05:24+	04:06+	05:51+	01:39+	00:16+
01:09#	01:57@	00:54#	00:29+	00:27+	02:49&	00:37#	07:39@	01:24&	01:30&	02:04@	01:55&	00:47&	00:04&

6 Cecilie Lundhild NOTEAM 1:39:22

13:49+	17:16+	29:13+	40:44+	54:28+	72:51+	77:17+	82:00+	85:56+	89:52+	93:28+	97:52+	99:06+	99:22+
13:49+	03:27+	11:57+	11:31+	13:44+	18:23+	04:26+	04:43+	03:56+	03:56+	03:36+	04:24+	01:14+	00:16+
13:49+	03:27+	11:57+	11:31+	13:44+	18:23+	04:26+	04:43+	03:56+	03:56+	03:36+	04:24+	01:14+	00:16+

7 Lærke Konring Larsen 4 1:41:12

20:00+	22:56+	31:17+	37:06+	41:16+	62:02+	66:14+	71:15+	75:22+	90:30+	95:04+	99:52+	101:01+	101:12+
20:00+	02:56+	08:21+	05:49+	04:10+	20:46+	04:12+	05:01+	04:07+	15:08+	04:34+	04:48+	01:09+	00:11+
20:00+	02:56+	08:21+	05:49+	04:10+	20:46+	04:12+	05:01+	04:07+	15:08+	04:34+	04:48+	01:09+	00:11+

8 Julia Li NOTEAM 1:58:10

24:15+	27:10+	39:47+	50:40+	59:57+	78:03+	82:54+	95:44+	99:21+	104:03+	110:05+	116:14+	117:47+	118:10+
24:15+	02:55+	12:37+	10:53+	09:17+	18:06+	04:51+	12:50+	03:37+	04:42+	06:02+	06:09+	01:33+	00:23+
24:15+	02:55+	12:37+	10:53+	09:17+	18:06+	04:51+	12:50+	03:37+	04:42+	06:02+	06:09+	01:33+	00:23+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

4kmsvær

1 Yvonne Weihard 23 55:56

05:20=	09:23=	11:25=	15:34=	22:32=	27:01=	31:37=	33:33=	37:23=	49:18=	54:56=	55:43=	55:56=
05:20=	04:03=	02:02=	04:09=	06:58=	04:29=	04:36=	01:56=	03:50=	11:55=	05:38=	00:47=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Poul Bobach 38 57:58

07:10+	11:52+	14:09+	17:31+	25:04+	29:37+	33:23+	35:51+	40:20+	50:46+	56:54+	57:47+	57:58+
07:10+	04:42+	02:17+	03:22-	07:33+	04:33+	03:46-	02:28+	04:29+	10:26-	06:08+	00:53+	00:11-
01:50&	00:39#	00:15#	00:47-	00:35+	00:04+	00:50-	00:32&	00:39#	01:29-	00:30+	00:06#	00:02-

3 Max Hansen 18 59:36

05:42+	09:59+	12:47+	15:43+	23:08+	28:02+	32:11+	35:44+	39:35+	49:47+	58:33+	59:24+	59:36+
05:42+	04:17+	02:48+	02:56-	07:25+	04:54+	04:09-	03:33+	03:51+	10:12-	08:46+	00:51+	00:12-
00:22+	00:14+	00:46&	01:13-	00:27+	00:25+	00:27-	01:37&	00:01+	01:43-	03:08&	00:04+	00:01-

4 Karina Boen Skouenborg 26 1:00:20

04:50-	08:20-	10:03-	12:37-	18:47-	23:09-	27:02-	28:41-	33:43-	50:34+	59:23+	60:07+	60:20+
04:50-	03:30-	01:43-	02:34-	06:10-	04:22-	03:53-	01:39-	05:02+	16:51+	08:49+	00:44-	00:13=
00:30-	00:33-	00:19-	01:35-	00:48-	00:07-	00:43-	00:17-	01:12&	04:56&	03:11&	00:03-	00:00=

5 Rikke Stamp 26 1:05:18

05:02-	10:10+	12:38+	15:24-	23:28+	32:43+	36:07+	39:09+	43:27+	56:11+	64:15+	65:04+	65:18+
05:02-	05:08+	02:28+	02:46-	08:04+	09:15+	03:24-	03:02+	04:18+	12:44+	08:04+	00:49+	00:14+
00:18-	01:05&	00:26#	01:23-	01:06#	04:46@	01:12-	01:06&	00:28#	00:49+	02:26&	00:02+	00:01+

6 Erik Damgaard 7 1:07:16

06:24+	10:30+	12:50+	15:38+	24:38+	31:21+	36:56+	42:07+	46:37+	55:43+	66:12+	67:04+	67:16+
06:24+	04:06+	02:20+	02:48-	09:00+	06:43+	05:35+	05:11+	04:30+	09:06-	10:29+	00:52+	00:12-
01:04#	00:03+	00:18#	01:21-	02:02&	02:14&	00:59#	03:15@	00:40#	02:49-	04:51&	00:05#	00:01-

Class	Navn	Klasse											Tid
4kmsvær													
7	Stig Barrett	37											1:08:52
06:39+	11:34+	14:25+	18:43+	26:37+	32:06+	36:44+	39:43+	48:52+	62:08+	67:43+	68:39+	68:52+	
06:39+	04:55+	02:51+	04:18+	07:54+	05:29+	04:38+	02:59+	09:09+	13:16+	05:35-	00:56+	00:13=	
01:19#	00:52#	00:49&	00:09+	00:56#	01:00#	00:02+	01:03&	05:19@	01:21#	00:03-	00:09#	00:00=	
8	Claus Faber	Sok											1:09:21
06:01+	10:20+	12:53+	16:01+	24:49+	30:04+	35:39+	42:02+	47:30+	58:31+	67:56+	69:07+	69:21+	
06:01+	04:19+	02:33+	03:08+	08:48+	05:15+	05:35+	06:23+	05:28+	11:01+	09:25+	01:11+	00:14+	
06:01+	04:19+	02:33+	03:08+	08:48+	05:15+	05:35+	06:23+	05:28+	11:01+	09:25+	01:11+	00:14+	
9	Hans Aage Hvalsøe Hansen	6											1:10:27
05:20+	09:17+	12:06+	15:05+	23:45+	29:06+	34:36+	41:08+	46:33+	59:28+	69:21+	70:11+	70:27+	
05:20+	03:57+	02:49+	02:59+	08:40+	05:21+	05:30+	06:32+	05:25+	12:55+	09:53+	00:50+	00:16+	
05:20+	03:57+	02:49+	02:59+	08:40+	05:21+	05:30+	06:32+	05:25+	12:55+	09:53+	00:50+	00:16+	
10	Niels Hamborg Jensen	25											1:10:36
06:21+	12:07+	14:42+	17:45+	25:17+	30:30+	40:10+	44:13+	49:09+	58:55+	69:34+	70:23+	70:36+	
06:21+	05:46+	02:35+	03:03+	07:32+	05:13+	09:40+	04:03+	04:56+	09:46+	10:39+	00:49+	00:13+	
06:21+	05:46+	02:35+	03:03+	07:32+	05:13+	09:40+	04:03+	04:56+	09:46+	10:39+	00:49+	00:13+	
11	Louis A. Sørensen	19											1:11:23
08:16+	14:32+	17:37+	22:36+	32:27+	38:42+	43:23+	46:31+	52:30+	64:02+	70:03+	71:06+	71:23+	
08:16+	06:16+	03:05+	04:59+	09:51+	06:15+	04:41+	03:08+	05:59+	11:32+	06:01+	01:03+	00:17+	
08:16+	06:16+	03:05+	04:59+	09:51+	06:15+	04:41+	03:08+	05:59+	11:32+	06:01+	01:03+	00:17+	
12	Jack Skrydstrup	13											1:11:27
07:53+	14:20+	17:07+	20:24+	30:11+	35:46+	39:30+	43:47+	49:09+	61:55+	70:11+	71:13+	71:27+	
07:53+	06:27+	02:47+	03:17+	09:47+	05:35+	03:44+	04:17+	05:22+	12:46+	08:16+	01:02+	00:14+	
07:53+	06:27+	02:47+	03:17+	09:47+	05:35+	03:44+	04:17+	05:22+	12:46+	08:16+	01:02+	00:14+	
13	Knut-Anders Løken	34											1:11:45
05:09+	09:10+	12:13+	16:29+	26:59+	32:10+	36:34+	42:02+	46:37+	61:55+	70:50+	71:28+	71:45+	
05:09+	04:01+	03:03+	04:16+	10:30+	05:11+	04:24+	05:28+	04:35+	15:18+	08:55+	00:38+	00:17+	
05:09+	04:01+	03:03+	04:16+	10:30+	05:11+	04:24+	05:28+	04:35+	15:18+	08:55+	00:38+	00:17+	
14	Kurt Petersen	7											1:16:17
05:49+	10:29+	14:24+	17:14+	25:11+	32:28+	48:18+	50:57+	55:17+	64:48+	75:15+	76:04+	76:17+	
05:49+	04:40+	03:55+	02:50+	07:57+	07:17+	15:50+	02:39+	04:20+	09:31+	10:27+	00:49+	00:13+	
05:49+	04:40+	03:55+	02:50+	07:57+	07:17+	15:50+	02:39+	04:20+	09:31+	10:27+	00:49+	00:13+	
15	Flemming Sasser	9											1:17:06
06:48+	12:16+	16:05+	20:54+	30:21+	37:57+	43:02+	46:39+	52:04+	66:35+	75:39+	76:49+	77:06+	
06:48+	05:28+	03:49+	04:49+	09:27+	07:36+	05:05+	03:37+	05:25+	14:31+	09:04+	01:10+	00:17+	
06:48+	05:28+	03:49+	04:49+	09:27+	07:36+	05:05+	03:37+	05:25+	14:31+	09:04+	01:10+	00:17+	
16	Gitte Isen	9											1:17:44
06:07+	11:05+	14:22+	20:10+	29:12+	35:14+	44:07+	47:38+	53:03+	66:02+	76:28+	77:27+	77:44+	
06:07+	04:58+	03:17+	05:48+	09:02+	06:02+	08:53+	03:31+	05:25+	12:59+	10:26+	00:59+	00:17+	
06:07+	04:58+	03:17+	05:48+	09:02+	06:02+	08:53+	03:31+	05:25+	12:59+	10:26+	00:59+	00:17+	
17	Hans Christian Strib	20											1:18:01
06:46+	11:12+	13:27+	20:52+	27:33+	32:40+	39:36+	47:05+	52:04+	65:26+	76:56+	77:49+	78:01+	
06:46+	04:26+	02:15+	07:25+	06:41+	05:07+	06:56+	07:29+	04:59+	13:22+	11:30+	00:53+	00:12+	
06:46+	04:26+	02:15+	07:25+	06:41+	05:07+	06:56+	07:29+	04:59+	13:22+	11:30+	00:53+	00:12+	
18	Susanne Baun	10											1:18:22
06:54+	11:46+	16:20+	23:16+	31:53+	40:13+	46:00+	49:46+	55:12+	68:20+	77:16+	78:08+	78:22+	
06:54+	04:52+	04:34+	06:56+	08:37+	08:20+	05:47+	03:46+	05:26+	13:08+	08:56+	00:52+	00:14+	
06:54+	04:52+	04:34+	06:56+	08:37+	08:20+	05:47+	03:46+	05:26+	13:08+	08:56+	00:52+	00:14+	

Plass	Navn	Klasse	Tid
4kmsvær			
19	Mette Møller Nielsen	Akif	1:20:23
06:50+	11:35+	14:31+	18:53+
06:50+	04:45+	02:56+	04:22+
06:50+	04:45+	02:56+	04:22+
20	Torben Isen	9	1:20:26
06:22+	10:42+	13:43+	20:25+
06:22+	04:20+	03:01+	06:42+
06:22+	04:20+	03:01+	06:42+
21	Jørgen Jørgensen	Sok	1:23:33
06:36+	12:45+	15:41+	22:42+
06:36+	06:09+	02:56+	07:01+
06:36+	06:09+	02:56+	07:01+
22	Kate Nielsen	26	1:28:55
06:19+	11:28+	13:51+	28:29+
06:19+	05:09+	02:23+	14:38+
06:19+	05:09+	02:23+	14:38+
23	Henrik Hansen	19	1:29:24
06:45+	15:23+	19:08+	24:22+
06:45+	08:38+	03:45+	05:14+
06:45+	08:38+	03:45+	05:14+
24	Ulrik Mathiasen	Sok	1:29:36
10:01+	20:53+	24:57+	29:33+
10:01+	10:52+	04:04+	04:36+
10:01+	10:52+	04:04+	04:36+
25	Uwe Dresel	30	1:30:09
06:32+	14:27+	17:28+	29:14+
06:32+	07:55+	03:01+	11:46+
06:32+	07:55+	03:01+	11:46+
26	Barbara Dresel	30	1:32:34
08:10+	17:40+	21:40+	26:36+
08:10+	09:30+	04:00+	04:56+
08:10+	09:30+	04:00+	04:56+
27	Tage Baun	10	1:33:27
06:30+	11:44+	14:33+	18:13+
06:30+	05:14+	02:49+	03:40+
06:30+	05:14+	02:49+	03:40+
28	Ingelise Baden	21	1:34:03
07:43+	13:47+	16:44+	20:20+
07:43+	06:04+	02:57+	03:36+
07:43+	06:04+	02:57+	03:36+
29	Ove Splittorff	35	1:36:38
10:54+	18:25+	21:33+	25:52+
10:54+	07:31+	03:08+	04:19+
10:54+	07:31+	03:08+	04:19+
30	Lene Flyvbjerg	NOTEAM	1:42:55
07:34+	25:12+	27:41+	31:26+
07:34+	17:38+	02:29+	03:45+
07:34+	17:38+	02:29+	03:45+

4kmsvær

31 Lene Nygaard 9 1:49:32

10:52+	21:43+	31:13+	34:28+	43:47+	50:31+	63:56+	72:59+	79:48+	100:19+	108:22+	109:16+	109:32+
10:52+	10:51+	09:30+	03:15+	09:19+	06:44+	13:25+	09:03+	06:49+	20:31+	08:03+	00:54+	00:16+
10:52+	10:51+	09:30+	03:15+	09:19+	06:44+	13:25+	09:03+	06:49+	20:31+	08:03+	00:54+	00:16+

32 Bente Pedersen 19 1:50:30

09:27+	15:22+	19:31+	25:37+	41:12+	51:29+	63:37+	68:54+	77:17+	91:17+	108:41+	110:16+	110:30+
09:27+	05:55+	04:09+	06:06+	15:35+	10:17+	12:08+	05:17+	08:23+	14:00+	17:24+	01:35+	00:14+
09:27+	05:55+	04:09+	06:06+	15:35+	10:17+	12:08+	05:17+	08:23+	14:00+	17:24+	01:35+	00:14+

33 Per Christensen 19 1:51:40

19:54+	25:51+	30:50+	36:54+	51:33+	59:28+	66:35+	72:20+	80:11+	96:43+	110:01+	111:16+	111:40+
19:54+	05:57+	04:59+	06:04+	14:39+	07:55+	07:07+	05:45+	07:51+	16:32+	13:18+	01:15+	00:24+
19:54+	05:57+	04:59+	06:04+	14:39+	07:55+	07:07+	05:45+	07:51+	16:32+	13:18+	01:15+	00:24+

34 Peter Skov Nielsen 26 1:59:33

08:29+	14:05+	18:57+	22:48+	40:01+	52:03+	65:27+	74:07+	81:02+	100:52+	118:15+	119:17+	119:33+
08:29+	05:36+	04:52+	03:51+	17:13+	12:02+	13:24+	08:40+	06:55+	19:50+	17:23+	01:02+	00:16+
08:29+	05:36+	04:52+	03:51+	17:13+	12:02+	13:24+	08:40+	06:55+	19:50+	17:23+	01:02+	00:16+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

5kmsvær

1 Jens Jørgen Hansen Jdri 53:24

03:08=	04:58=	06:32=	10:00=	14:44=	19:31=	24:36=	26:16=	31:03=	32:48=	34:33=	38:58=	46:08=	48:48=	52:35=	53:12=	53:24=
03:08=	01:50=	01:34=	03:28=	04:44=	04:47=	05:05=	01:40=	04:47=	01:45=	01:45=	04:25=	07:10=	02:40=	03:47=	00:37=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Keld Hinge Krogsgaard Sok 58:31

02:34-	04:06-	05:25-	08:52-	13:05-	20:05+	26:17+	28:27+	32:58+	38:00+	39:52+	43:45+	49:07+	52:35+	57:35+	58:20+	58:31+
02:34-	01:32-	01:19-	03:27-	04:13-	07:00+	06:12+	02:10+	04:31-	05:02+	01:52+	03:53-	05:22-	03:28+	05:00+	00:45+	00:11-
00:34-	00:18-	00:15-	00:01-	00:31-	02:13&	01:07#	00:30&	00:16-	03:17@	00:07+	00:32-	01:48-	00:48&	01:13&	00:08#	00:01-

3 Claus Bobach 38 1:04:00

03:40+	05:30+	07:09+	10:50+	15:41+	22:25+	32:02+	33:52+	38:39+	40:46+	42:59+	47:39+	54:07+	58:33+	63:01+	63:48+	64:00+
03:40+	01:50=	01:39+	03:41+	04:51+	06:44+	09:37+	01:50+	04:47=	02:07+	02:13+	04:40+	06:28-	04:26+	04:28+	00:47+	00:12=
00:32#	00:00=	00:05+	00:13+	00:07+	01:57&	04:32&	00:10+	00:00=	00:22#	00:28&	00:15+	00:42-	01:46&	00:41#	00:10&	00:00=

4 Per Eg Pedersen 13 1:04:01

03:07-	05:11+	06:46+	11:06+	16:31+	22:43+	29:29+	31:01+	36:39+	38:56+	41:14+	46:23+	53:03+	56:34+	63:12+	63:49+	64:01+
03:07-	02:04+	01:35+	04:20+	05:25+	06:12+	06:46+	01:32-	05:38+	02:17+	02:18+	05:09+	06:40-	03:31+	06:38+	00:37=	00:12=
00:01-	00:14#	00:01+	00:52#	00:41#	01:25&	01:41&	00:08-	00:51#	00:32&	00:33&	00:44#	00:30-	00:51&	02:51&	00:00=	00:00=

5 Pernille Buch 20 1:04:52

03:00-	04:43-	06:17-	10:06+	14:22-	21:53+	34:13+	35:26+	40:32+	42:18+	44:15+	48:18+	55:39+	59:47+	64:07+	64:43+	64:52+
03:00-	01:43-	01:34=	03:49+	04:16-	07:31+	12:20+	01:13-	05:06+	01:46+	01:57+	04:03-	07:21+	04:08+	04:20+	00:36-	00:09-
00:08-	00:07-	00:00=	00:21#	00:28-	02:44&	07:15@	00:27-	00:19+	00:01+	00:12#	00:22-	00:11+	01:28&	00:33#	00:01-	00:03-

6 Karsten Blok 26 1:06:59

04:30+	06:46+	08:30+	12:40+	17:40+	24:49+	31:53+	33:20+	38:37+	40:50+	43:25+	48:44+	56:37+	61:54+	66:04+	66:47+	66:59+
04:30+	02:16+	01:44+	04:10+	05:00+	07:09+	07:04+	01:27-	05:17+	02:13+	02:35+	05:19+	07:53+	05:17+	04:10+	00:43+	00:12=
01:22&	00:26#	00:10#	00:42#	00:16+	02:22&	01:59&	00:13-	00:30#	00:28&	00:50&	00:54#	00:43+	02:37&	00:23#	00:06#	00:00=

Class	Navn	Klasse	Tid
5kmsvær			
7	Søren Munthe	15	1:07:22
03:56+	06:06+	07:49+	12:22+
03:56+	02:10+	01:43+	04:33+
00:48&	00:20#	00:09+	01:05&
17:28+	25:15+	32:14+	33:51+
05:06+	07:47+	06:59+	01:37-
03:00&	01:54&	00:03-	00:44#
39:22+	41:42+	45:11+	50:16+
02:20+	03:29+	05:05+	07:01-
00:35&	01:44&	00:40#	00:09-
45:11+	50:16+	57:17+	60:53+
03:29+	05:05+	07:01-	03:36+
01:44&	00:40#	00:09-	01:41&
57:17+	60:53+	66:21+	67:09+
60:53+	66:21+	67:09+	67:22+
66:21+	67:09+	67:22+	00:13+
67:09+	67:22+	00:13+	00:01+
8	Jørgen Münster-Swendsen	Sok	1:14:22
04:48+	07:41+	10:19+	14:41+
04:48+	02:53+	02:38+	04:22+
04:48+	02:53+	02:38+	04:22+
20:05+	28:12+	35:39+	37:20+
08:07+	07:27+	01:41+	06:14+
08:07+	07:27+	01:41+	06:14+
43:34+	46:35+	49:37+	55:04+
03:01+	03:02+	05:27+	08:28+
03:01+	03:02+	05:27+	08:28+
55:04+	63:32+	68:46+	73:24+
05:27+	08:28+	05:14+	04:38+
05:27+	08:28+	05:14+	04:38+
63:32+	68:46+	73:24+	74:10+
68:46+	73:24+	74:10+	74:22+
73:24+	74:10+	74:22+	00:12+
74:10+	74:22+	00:12+	00:12+
9	Lucia Aagaard	9	1:16:02
03:52+	05:48+	07:41+	12:05+
03:52+	01:56+	01:53+	04:24+
03:52+	01:56+	01:53+	04:24+
17:43+	27:29+	34:18+	35:54+
09:46+	06:49+	01:36+	06:20+
09:46+	06:49+	01:36+	06:20+
34:18+	35:54+	42:14+	44:37+
06:20+	02:23+	02:37+	05:21+
06:20+	02:23+	02:37+	05:21+
42:14+	44:37+	47:14+	52:35+
02:23+	02:37+	05:21+	08:57+
02:23+	02:37+	05:21+	08:57+
44:37+	47:14+	52:35+	61:32+
05:21+	08:57+	09:39+	03:46+
05:21+	08:57+	09:39+	03:46+
47:14+	52:35+	61:32+	71:11+
08:57+	09:39+	03:46+	00:53+
08:57+	09:39+	03:46+	00:12+
52:35+	61:32+	71:11+	74:57+
61:32+	71:11+	74:57+	75:50+
71:11+	74:57+	75:50+	76:02+
74:57+	75:50+	76:02+	00:12+
75:50+	76:02+	00:12+	00:12+
10	Arne Bertelsen	21	1:17:06
04:43+	07:03+	08:57+	13:21+
04:43+	02:20+	01:54+	04:24+
04:43+	02:20+	01:54+	04:24+
18:25+	24:25+	38:53+	40:41+
08:07+	07:27+	01:41+	06:14+
08:07+	07:27+	01:41+	06:14+
38:53+	40:41+	49:53+	52:02+
01:41+	06:14+	03:01+	03:02+
01:41+	06:14+	03:01+	03:02+
49:53+	52:02+	54:28+	59:19+
03:01+	03:02+	05:27+	08:28+
03:01+	03:02+	05:27+	08:28+
52:02+	54:28+	59:19+	66:11+
05:27+	08:28+	05:14+	04:38+
05:27+	08:28+	05:14+	04:38+
54:28+	59:19+	66:11+	69:42+
66:11+	69:42+	76:05+	76:54+
69:42+	76:05+	76:54+	77:06+
69:42+	76:05+	76:54+	00:12+
76:05+	76:54+	77:06+	00:12+
11	Keld Gade	37	1:20:01
05:01+	08:09+	09:48+	15:00+
05:01+	03:08+	01:39+	05:12+
05:01+	03:08+	01:39+	05:12+
20:11+	27:29+	36:08+	38:42+
05:11+	07:18+	08:39+	02:34+
05:11+	07:18+	08:39+	02:34+
36:08+	38:42+	44:13+	46:51+
08:39+	02:34+	05:31+	02:38+
08:39+	02:34+	05:31+	02:38+
44:13+	46:51+	50:25+	54:50+
05:31+	02:38+	03:34+	04:25+
05:31+	02:38+	03:34+	04:25+
46:51+	50:25+	54:50+	62:43+
03:34+	04:25+	07:53+	12:01+
03:34+	04:25+	07:53+	12:01+
50:25+	54:50+	62:43+	74:44+
04:25+	07:53+	12:01+	04:18+
04:25+	07:53+	12:01+	04:18+
54:50+	62:43+	74:44+	79:02+
62:43+	74:44+	79:02+	79:45+
74:44+	79:02+	79:45+	80:16+
79:02+	79:45+	80:16+	00:16+
79:45+	80:16+	00:16+	00:16+
12	Emil Borup Fredberg	Sok	1:20:37
03:39+	05:16+	06:49+	10:06+
03:39+	01:37+	01:33+	03:17+
03:39+	01:37+	01:33+	03:17+
14:05+	19:56+	28:42+	29:52+
03:59+	05:51+	08:46+	01:10+
03:59+	05:51+	08:46+	01:10+
19:56+	28:42+	29:52+	33:55+
05:51+	08:46+	01:10+	04:03+
05:51+	08:46+	01:10+	04:03+
28:42+	29:52+	33:55+	36:00+
04:03+	02:05+	01:48+	08:00+
04:03+	02:05+	01:48+	08:00+
33:55+	36:00+	37:48+	45:48+
02:05+	01:48+	08:00+	21:54+
02:05+	01:48+	08:00+	21:54+
36:00+	37:48+	45:48+	67:42+
08:00+	21:54+	09:02+	02:59+
08:00+	21:54+	09:02+	02:59+
45:48+	67:42+	76:44+	79:43+
21:54+	09:02+	02:59+	00:42+
21:54+	09:02+	02:59+	00:12+
67:42+	76:44+	79:43+	80:25+
76:44+	79:43+	80:25+	80:37+
79:43+	80:25+	80:37+	00:12+
80:25+	80:37+	00:12+	00:12+
13	Rasmus Christensen	21	1:25:57
04:48+	07:11+	10:26+	14:34+
04:48+	02:23+	03:15+	04:08+
04:48+	02:23+	03:15+	04:08+
21:35+	28:42+	41:52+	43:26+
07:01+	07:07+	13:10+	01:34+
07:01+	07:07+	13:10+	01:34+
21:35+	28:42+	41:52+	43:26+
07:07+	13:10+	01:34+	06:11+
07:07+	13:10+	01:34+	06:11+
41:52+	43:26+	49:37+	51:35+
06:11+	01:58+	02:08+	05:54+
06:11+	01:58+	02:08+	05:54+
43:26+	49:37+	51:35+	53:43+
01:58+	02:08+	05:54+	16:39+
01:58+	02:08+	05:54+	16:39+
49:37+	51:35+	53:43+	59:37+
05:54+	16:39+	04:41+	04:05+
05:54+	16:39+	04:41+	04:05+
51:35+	53:43+	59:37+	76:16+
16:39+	04:41+	04:05+	00:46+
16:39+	04:41+	04:05+	00:09+
53:43+	59:37+	76:16+	80:57+
76:16+	80:57+	85:02+	85:48+
80:57+	85:02+	85:48+	85:57+
85:02+	85:48+	85:57+	00:09+
85:48+	85:57+	00:09+	00:09+
14	Susanne Gjedsig Thomsen	Thok	1:26:47
06:16+	08:29+	10:37+	15:25+
06:16+	02:13+	02:08+	04:48+
06:16+	02:13+	02:08+	04:48+
22:27+	32:35+	40:38+	42:03+
10:08+	08:03+	01:25+	06:11+
10:08+	08:03+	01:25+	06:11+
22:27+	32:35+	40:38+	42:03+
04:48+	07:02+	10:08+	08:03+
04:48+	07:02+	10:08+	08:03+
40:38+	42:03+	48:14+	50:39+
01:25+	06:11+	02:25+	02:40+
01:25+	06:11+	02:25+	02:40+
42:03+	48:14+	50:39+	53:19+
02:25+	02:40+	06:29+	10:56+
02:25+	02:40+	06:29+	10:56+
48:14+	50:39+	53:19+	59:48+
06:29+	10:56+	08:13+	06:46+
06:29+	10:56+	08:13+	06:46+
50:39+	53:19+	59:48+	70:44+
10:56+	08:13+	06:46+	00:51+
10:56+	08:13+	06:46+	00:13+
53:19+	59:48+	70:44+	78:57+
78:57+	85:43+	86:34+	86:47+
78:57+	85:43+	86:34+	86:47+
59:48+	70:44+	78:57+	85:43+
85:43+	86:34+	86:47+	00:13+
85:43+	86:34+	86:47+	00:13+
70:44+	78:57+	85:43+	86:34+
78:57+	85:43+	86:34+	86:47+
78:57+	85:43+	86:34+	86:47+
15	Peter H Juhl	21	1:27:00
04:21+	06:30+	08:28+	13:37+
04:21+	02:09+	01:58+	05:09+
04:21+	02:09+	01:58+	05:09+
26:35+	34:35+	36:12+	42:19+
06:06+	08:00+	01:37+	06:07+
06:06+	08:00+	01:37+	06:07+
34:35+	36:12+	42:19+	45:35+
08:00+	01:37+	06:07+	03:16+
08:00+	01:37+	06:07+	03:16+
42:19+	45:35+	47:56+	56:19+
03:16+	02:21+	08:23+	20:51+
03:16+	02:21+	08:23+	20:51+
45:35+	47:56+	56:19+	77:10+
02:21+	08:23+	20:51+	04:37+
02:21+	08:23+	20:51+	04:37+
47:56+	56:19+	77:10+	81:47+
56:19+	77:10+	81:47+	85:44+
56:19+	77:10+	81:47+	85:44+
56:19+	77:10+	81:47+	85:44+
77:10+	81:47+	85:44+	86:46+
81:47+	85:44+	86:46+	87:00+
81:47+	85:44+	86:46+	87:00+
85:44+	86:46+	87:00+	00:14+
86:46+	87:00+	00:14+	00:14+
16	Celine Hinge Krogsgaard	Sok	1:30:53
04:11+	06:18+	09:27+	15:15+
04:11+	02:07+	03:09+	05:48+
04:11+	02:07+	03:09+	05:48+
22:19+	29:55+	40:13+	42:21+
07:04+	07:36+	10:18+	02:08+
07:04+	07:36+	10:18+	02:08+
22:19+	29:55+	40:13+	42:21+
07:36+	10:18+	02:08+	07:50+
07:36+	10:18+	02:08+	07:50+
29:55+	40:13+	42:21+	50:11+
07:50+	02:46+	04:22+	05:41+
07:50+	02:46+	04:22+	05:41+
40:13+	42:21+	50:11+	52:57+
02:46+	04:22+	05:41+	07:25+
02:46+	04:22+	05:41+	07:25+
42:21+	50:11+	52:57+	57:19+
04:22+	05:41+	07:25+	13:38+
04:22+	05:41+	07:25+	13:38+
50:11+	52:57+	57:19+	63:00+
05:41+	07:25+	13:38+	05:33+
05:41+	07:25+	13:38+	05:33+
52:57+	57:19+	63:00+	70:25+
07:25+	13:38+	05:33+	01:03+
07:25+	13:38+	05:33+	01:03+
57:19+	63:00+	70:25+	84:03+
63:00+			

Class	Navn	Klasse														Tid	
5kmsv�er																	
19	Carl Malling	32														1:33:47	
	05:31+	07:34+	09:34+	23:48+	31:40+	42:10+	50:02+	51:15+	57:07+	59:26+	63:03+	69:18+	79:55+	87:30+	92:45+	93:33+	93:47+
	05:31+	02:03+	02:00+	14:14+	07:52+	10:30+	07:52+	01:13+	05:52+	02:19+	03:37+	06:15+	10:37+	07:35+	05:15+	00:48+	00:14+
	05:31+	02:03+	02:00+	14:14+	07:52+	10:30+	07:52+	01:13+	05:52+	02:19+	03:37+	06:15+	10:37+	07:35+	05:15+	00:48+	00:14+
20	Niels Rab�lle	17														1:34:38	
	04:18+	06:10+	08:07+	12:33+	17:48+	27:42+	34:31+	36:18+	46:44+	49:04+	51:35+	56:44+	78:43+	87:40+	93:29+	94:24+	94:38+
	04:18+	01:52+	01:57+	04:26+	05:15+	09:54+	06:49+	01:47+	10:26+	02:20+	02:31+	05:09+	21:59+	08:57+	05:49+	00:55+	00:14+
	04:18+	01:52+	01:57+	04:26+	05:15+	09:54+	06:49+	01:47+	10:26+	02:20+	02:31+	05:09+	21:59+	08:57+	05:49+	00:55+	00:14+
22	Hanne Borup Fredberg	Sok														1:35:06	
	04:19+	06:49+	09:32+	16:29+	21:58+	32:33+	42:27+	44:21+	51:19+	54:07+	56:40+	62:44+	78:34+	84:24+	93:52+	94:52+	95:06+
	04:19+	02:30+	02:43+	06:57+	05:29+	10:35+	09:54+	01:54+	06:58+	02:48+	02:33+	06:04+	15:50+	05:50+	09:28+	01:00+	00:14+
	04:19+	02:30+	02:43+	06:57+	05:29+	10:35+	09:54+	01:54+	06:58+	02:48+	02:33+	06:04+	15:50+	05:50+	09:28+	01:00+	00:14+
23	Knud Fjordvald	Sok														1:35:20	
	04:00+	06:00+	08:16+	18:38+	23:33+	31:49+	47:39+	49:05+	55:19+	59:03+	61:49+	67:20+	76:22+	89:13+	94:14+	95:05+	95:20+
	04:00+	02:00+	02:16+	10:22+	04:55+	08:16+	15:50+	01:26+	06:14+	03:44+	02:46+	05:31+	09:02+	12:51+	05:01+	00:51+	00:15+
	04:00+	02:00+	02:16+	10:22+	04:55+	08:16+	15:50+	01:26+	06:14+	03:44+	02:46+	05:31+	09:02+	12:51+	05:01+	00:51+	00:15+
24	Kaj Kaspersen	9														1:35:25	
	06:00+	09:02+	11:16+	16:24+	21:56+	35:47+	42:49+	44:18+	51:37+	55:11+	57:38+	64:22+	82:54+	88:51+	94:19+	95:11+	95:25+
	06:00+	03:02+	02:14+	05:08+	05:32+	13:51+	07:02+	01:29+	07:19+	03:34+	02:27+	06:44+	18:32+	05:57+	05:28+	00:52+	00:14+
	06:00+	03:02+	02:14+	05:08+	05:32+	13:51+	07:02+	01:29+	07:19+	03:34+	02:27+	06:44+	18:32+	05:57+	05:28+	00:52+	00:14+
25	Jesper R Mortensen	8														1:39:01	
	04:13+	06:46+	10:07+	15:55+	24:06+	32:45+	41:50+	43:38+	54:14+	56:58+	61:07+	69:51+	83:14+	92:07+	97:36+	98:45+	99:01+
	04:13+	02:33+	03:21+	05:48+	08:11+	08:39+	09:05+	01:48+	10:36+	02:44+	04:09+	08:44+	13:23+	08:53+	05:29+	01:09+	00:16+
	04:13+	02:33+	03:21+	05:48+	08:11+	08:39+	09:05+	01:48+	10:36+	02:44+	04:09+	08:44+	13:23+	08:53+	05:29+	01:09+	00:16+
26	Kim Folander	5														1:43:16	
	06:08+	09:06+	11:40+	17:31+	24:57+	36:21+	46:53+	54:45+	62:04+	68:39+	72:20+	79:25+	89:30+	95:51+	101:41+	102:59+	103:16+
	06:08+	02:58+	02:34+	05:51+	07:26+	11:24+	10:32+	07:19+	06:35+	03:41+	07:05+	10:05+	06:21+	05:50+	01:18+	00:17+	
	06:08+	02:58+	02:34+	05:51+	07:26+	11:24+	10:32+	07:19+	06:35+	03:41+	07:05+	10:05+	06:21+	05:50+	01:18+	00:17+	
27	Heidi Hinge Krogsgaard	Sok														1:44:29	
	03:53+	06:42+	08:22+	12:41+	20:21+	46:15+	58:17+	60:01+	65:59+	68:04+	70:23+	82:49+	92:04+	97:28+	103:18+	104:13+	104:29+
	03:53+	02:49+	01:40+	04:19+	07:40+	25:54+	12:02+	01:44+	05:58+	02:05+	02:19+	12:26+	09:15+	05:24+	05:50+	00:55+	00:16+
	03:53+	02:49+	01:40+	04:19+	07:40+	25:54+	12:02+	01:44+	05:58+	02:05+	02:19+	12:26+	09:15+	05:24+	05:50+	00:55+	00:16+
28	J�rn H. Klausen	Ok Syd														1:45:06	
	05:24+	07:53+	10:23+	15:55+	24:25+	32:15+	40:11+	42:02+	48:51+	52:14+	56:05+	62:11+	79:02+	97:17+	103:50+	104:50+	105:06+
	05:24+	02:29+	02:30+	05:32+	08:30+	07:50+	07:56+	01:51+	06:49+	03:23+	03:51+	06:06+	16:51+	18:15+	06:33+	01:00+	00:16+
	05:24+	02:29+	02:30+	05:32+	08:30+	07:50+	07:56+	01:51+	06:49+	03:23+	03:51+	06:06+	16:51+	18:15+	06:33+	01:00+	00:16+
29	Frede Scheye	8														1:45:27	
	05:05+	07:27+	09:22+	14:26+	20:40+	28:58+	41:12+	43:40+	55:39+	58:22+	61:13+	66:56+	74:24+	90:25+	104:19+	105:13+	105:27+
	05:05+	02:22+	01:55+	05:04+	06:14+	08:18+	12:14+	02:28+	11:59+	02:43+	02:51+	05:43+	07:28+	16:01+	13:54+	00:54+	00:14+
	05:05+	02:22+	01:55+	05:04+	06:14+	08:18+	12:14+	02:28+	11:59+	02:43+	02:51+	05:43+	07:28+	16:01+	13:54+	00:54+	00:14+
30	Carsten Helligs�	12														1:48:57	
	04:35+	07:13+	09:38+	17:52+	33:22+	42:42+	50:53+	52:31+	58:43+	62:57+	68:48+	75:04+	90:34+	101:56+	107:57+	108:44+	108:57+
	04:35+	02:38+	02:25+	08:14+	15:30+	09:20+	08:11+	01:38+	06:12+	04:14+	05:51+	06:16+	15:30+	11:22+	06:01+	00:47+	00:13+
	04:35+	02:38+	02:25+	08:14+	15:30+	09:20+	08:11+	01:38+	06:12+	04:14+	05:51+	06:16+	15:30+	11:22+	06:01+	00:47+	00:13+
31	Janni Fischer	3														1:54:27	
	08:54+	11:42+	13:54+	22:44+	28:54+	37:57+	55:22+	57:58+	70:54+	74:09+	77:48+	85:15+	95:03+	107:45+	113:16+	114:15+	114:27+
	08:54+	02:48+	02:12+	08:50+	06:10+	09:03+	17:25+	02:36+	12:56+	03:15+	03:39+	07:27+	09:48+	12:42+	05:31+	00:59+	00:12+
	08:54+	02:48+	02:12+	08:50+	06:10+	09:03+	17:25+	02:36+	12:56+	03:15+	03:39+	07:27+	09:48+	12:42+	05:31+	00:59+	00:12+

5kmsvør

32	Naja Knudsen	26														1:57:28
10:00+	12:19+	14:43+	19:24+	30:02+	38:41+	61:22+	63:16+	69:51+	73:20+	77:19+	82:33+	97:20+	109:45+	116:13+	117:07+	117:28+
10:00+	02:19+	02:24+	04:41+	10:38+	08:39+	22:41+	01:54+	06:35+	03:29+	03:59+	05:14+	14:47+	12:25+	06:28+	00:54+	00:21+
10:00+	02:19+	02:24+	04:41+	10:38+	08:39+	22:41+	01:54+	06:35+	03:29+	03:59+	05:14+	14:47+	12:25+	06:28+	00:54+	00:21+

33	Jørgen Pedersen	9														1:58:35
09:02+	13:16+	15:25+	30:33+	35:51+	43:51+	59:57+	64:20+	77:30+	81:23+	84:20+	92:45+	103:00+	108:58+	117:22+	118:20+	118:35+
09:02+	04:14+	02:09+	15:08+	05:18+	08:00+	16:06+	04:23+	13:10+	03:53+	02:57+	08:25+	10:15+	05:58+	08:24+	00:58+	00:15+
09:02+	04:14+	02:09+	15:08+	05:18+	08:00+	16:06+	04:23+	13:10+	03:53+	02:57+	08:25+	10:15+	05:58+	08:24+	00:58+	00:15+

34	Steen Vestergaard	17														2:00:03
05:10+	08:22+	10:54+	16:32+	23:09+	31:31+	63:23+	65:09+	72:20+	79:28+	82:28+	90:26+	98:59+	110:40+	116:41+	119:50+	120:03+
05:10+	03:12+	02:32+	05:38+	06:37+	08:22+	31:52+	01:46+	07:11+	07:08+	03:00+	07:58+	08:33+	11:41+	06:01+	03:09+	00:13+
05:10+	03:12+	02:32+	05:38+	06:37+	08:22+	31:52+	01:46+	07:11+	07:08+	03:00+	07:58+	08:33+	11:41+	06:01+	03:09+	00:13+

35	Knud Jespersen	26														2:01:16
11:13+	13:35+	15:45+	25:50+	32:23+	43:09+	51:08+	53:21+	60:40+	67:38+	70:46+	78:02+	100:07+	113:47+	120:03+	121:00+	121:16+
11:13+	02:22+	02:10+	10:05+	06:33+	10:46+	07:59+	02:13+	07:19+	06:58+	03:08+	07:16+	22:05+	13:40+	06:16+	00:57+	00:16+
11:13+	02:22+	02:10+	10:05+	06:33+	10:46+	07:59+	02:13+	07:19+	06:58+	03:08+	07:16+	22:05+	13:40+	06:16+	00:57+	00:16+

36	Ethna Cavanagh	7														2:02:42
04:26+	06:19+	11:18+	16:44+	22:37+	30:32+	41:36+	42:45+	49:03+	51:24+	58:43+	68:07+	106:23+	111:31+	121:17+	122:28+	122:42+
04:26+	01:53+	04:59+	05:26+	07:55+	11:04+	01:09+	06:18+	02:21+	07:19+	09:24+	38:16+	05:08+	09:46+	01:11+	00:14+	
04:26+	01:53+	04:59+	05:26+	07:55+	11:04+	01:09+	06:18+	02:21+	07:19+	09:24+	38:16+	05:08+	09:46+	01:11+	00:14+	

37	Torben Rasmussen	17														2:14:40
10:31+	14:24+	17:26+	25:48+	33:47+	56:26+	68:46+	70:54+	78:37+	81:58+	86:20+	94:38+	112:26+	125:14+	132:52+	134:15+	134:40+
10:31+	03:53+	03:02+	08:22+	07:59+	22:39+	12:20+	02:08+	07:43+	03:21+	04:22+	08:18+	17:48+	12:48+	07:38+	01:23+	00:25+
10:31+	03:53+	03:02+	08:22+	07:59+	22:39+	12:20+	02:08+	07:43+	03:21+	04:22+	08:18+	17:48+	12:48+	07:38+	01:23+	00:25+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

6kmsvør

1	Ivan Christensen	Ok Pan														1:05:26		
05:28=	09:35=	11:04=	14:08=	17:40=	20:24=	23:48=	27:14=	33:43=	36:45=	41:38=	43:49=	45:38=	48:05=	52:48=	59:24=	63:54=	65:10=	65:26=
05:28=	04:07=	01:29=	03:04=	03:32=	02:44=	03:24=	03:26=	06:29=	03:02=	04:53=	02:11=	01:49=	02:27=	04:43=	06:36=	04:30=	01:16=	00:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Merete Nørgaard	2														1:13:58		
05:19-	08:45-	10:04-	14:45+	23:14+	25:53+	29:13+	32:13+	38:38+	41:51+	47:58+	49:57+	51:35+	53:52+	59:24+	67:37+	72:38+	73:50+	73:58+
05:19-	03:26-	01:19-	04:41+	08:29+	02:39-	03:20-	03:00-	06:25-	03:13+	06:07+	01:59-	01:38-	02:17-	05:32+	08:13+	05:01+	01:12-	00:08-
00:09-	00:41-	00:10-	01:37#	04:57#	00:05-	00:04-	00:26-	00:04-	00:11+	01:14&	00:12-	00:11-	00:10-	00:49#	01:37#	00:31#	00:04-	00:08-

3	Jørgen Pedersen	3														1:19:22		
05:04-	09:04-	10:42-	14:12+	18:25+	21:36+	26:52+	32:16+	41:17+	45:02+	50:30+	52:50+	55:19+	58:13+	63:26+	72:58+	77:57+	79:08+	79:22+
05:04-	04:00-	01:38+	03:30+	04:13+	03:11+	05:16+	05:24+	09:01+	03:45+	05:28+	02:20+	02:29+	02:54+	05:13+	09:32+	04:59+	01:11-	00:14-
00:24-	00:07-	00:09#	00:26#	00:41#	00:27#	01:52&	01:58&	02:32&	00:43#	00:35#	00:09+	00:40&	00:27#	00:30#	02:56&	00:29#	00:05-	00:02-

4	Niels Stadel	Sok														1:20:45		
05:15-	09:26-	11:36+	15:57+	20:20+	23:22+	29:26+	34:00+	41:12+	44:21+	49:32+	52:51+	55:26+	59:09+	63:31+	72:39+	79:26+	80:33+	80:45+
05:15-	04:11+	02:10+	04:21+	04:23+	03:02+	06:04+	04:34+	07:12+	03:09+	05:11+	03:19+	02:35+	03:43+	04:22-	09:08+	06:47+	01:07-	00:12-
00:13-	00:04+	00:41&	01:17&	00:51#	00:18#	02:40&	01:08&	00:43#	00:07+	00:18+	01:08&	00:46&	01:16&	00:21-	02:32&	02:17&	00:09-	00:04-

Class	Navn	Klasse										Tid									
6kmsv�er																					
5	Steffen Alm	16										1:21:17									
06:17+	12:59+	14:41+	17:59+	22:04+	26:38+	30:24+	34:42+	43:08+	47:15+	53:38+	55:33+	57:20+	60:09+	65:08+	72:45+	79:55+	81:06+	81:17+			
06:17+	06:42+	01:42+	03:18+	04:05+	04:34+	03:46+	04:18+	08:26+	04:07+	06:23+	01:55-	01:47-	02:49+	04:59+	07:37+	07:10+	01:11-	00:11-			
00:49#	02:35&	00:13#	00:14+	00:33#	01:50&	00:22#	00:52&	01:57&	01:05&	01:30&	00:16-	00:02-	00:22#	00:16+	01:01#	02:40&	00:05-	00:05-			
6	Simon Fjordvald	Sok										1:21:55									
07:18+	11:39+	13:17+	16:42+	20:09+	23:11+	27:25+	31:21+	41:24+	45:24+	50:32+	53:11+	55:39+	59:07+	64:22+	73:10+	80:17+	81:41+	81:55+			
07:18+	04:21+	01:38+	03:25+	03:27+	03:02+	04:14+	03:56+	10:03+	04:00+	05:08+	02:39+	02:28+	03:28+	05:15+	08:48+	07:07+	01:24+	00:14+			
07:18+	04:21+	01:38+	03:25+	03:27+	03:02+	04:14+	03:56+	10:03+	04:00+	05:08+	02:39+	02:28+	03:28+	05:15+	08:48+	07:07+	01:24+	00:14+			
7	Henrik Nielsen	33										1:24:11									
06:52+	11:47+	13:58+	17:44+	23:00+	26:40+	30:36+	35:26+	44:14+	47:36+	53:41+	56:09+	58:35+	61:18+	67:44+	76:31+	82:12+	83:54+	84:11+			
06:52+	04:55+	02:11+	03:46+	05:16+	03:40+	03:56+	04:50+	08:48+	03:22+	06:05+	02:28+	02:26+	02:43+	06:26+	08:47+	05:41+	01:42+	00:17+			
06:52+	04:55+	02:11+	03:46+	05:16+	03:40+	03:56+	04:50+	08:48+	03:22+	06:05+	02:28+	02:26+	02:43+	06:26+	08:47+	05:41+	01:42+	00:17+			
8	Marie B. Bertelsen	21										1:24:14									
08:26+	13:53+	15:20+	18:38+	26:34+	29:31+	33:22+	38:32+	47:32+	51:29+	56:53+	59:30+	62:08+	64:46+	70:58+	78:02+	83:00+	84:04+	84:14+			
08:26+	05:27+	01:27+	03:18+	07:56+	02:57+	03:51+	05:10+	09:00+	03:57+	05:24+	02:37+	02:38+	02:38+	06:12+	07:04+	04:58+	01:04+	00:10+			
08:26+	05:27+	01:27+	03:18+	07:56+	02:57+	03:51+	05:10+	09:00+	03:57+	05:24+	02:37+	02:38+	02:38+	06:12+	07:04+	04:58+	01:04+	00:10+			
9	Svend-Erik Munck	8										1:28:41									
06:19+	11:35+	14:30+	18:24+	23:26+	28:39+	32:35+	36:25+	44:57+	49:40+	56:29+	59:00+	61:44+	64:30+	70:37+	80:35+	86:56+	88:27+	88:41+			
06:19+	05:16+	02:55+	03:54+	05:02+	05:13+	03:56+	03:50+	08:32+	04:43+	06:49+	02:31+	02:44+	02:46+	06:07+	09:58+	06:21+	01:31+	00:14+			
06:19+	05:16+	02:55+	03:54+	05:02+	05:13+	03:56+	03:50+	08:32+	04:43+	06:49+	02:31+	02:44+	02:46+	06:07+	09:58+	06:21+	01:31+	00:14+			
10	Henrik Bomm Hinge	Ok Pan										1:29:20									
05:37+	09:53+	11:49+	17:46+	22:44+	26:25+	35:41+	40:14+	47:34+	50:14+	54:43+	56:20+	58:04+	60:21+	64:51+	83:42+	87:57+	89:05+	89:20+			
05:37+	04:16+	01:56+	05:57+	04:58+	03:41+	09:16+	04:33+	07:20+	02:40+	04:29+	01:37+	01:44+	02:17+	04:30+	18:51+	04:15+	01:08+	00:15+			
05:37+	04:16+	01:56+	05:57+	04:58+	03:41+	09:16+	04:33+	07:20+	02:40+	04:29+	01:37+	01:44+	02:17+	04:30+	18:51+	04:15+	01:08+	00:15+			
11	Peder Stephansen	19										1:29:29									
07:08+	11:53+	13:47+	18:14+	21:48+	25:03+	30:37+	35:25+	44:05+	50:10+	57:16+	61:05+	64:58+	67:46+	73:34+	82:47+	88:03+	89:16+	89:29+			
07:08+	04:45+	01:54+	04:27+	03:34+	03:15+	05:34+	04:48+	08:40+	06:05+	07:06+	03:49+	03:53+	02:48+	05:48+	09:13+	05:16+	01:13+	00:13+			
07:08+	04:45+	01:54+	04:27+	03:34+	03:15+	05:34+	04:48+	08:40+	06:05+	07:06+	03:49+	03:53+	02:48+	05:48+	09:13+	05:16+	01:13+	00:13+			
12	S�ren Klingenberg	7										1:30:17									
07:49+	14:43+	17:33+	21:41+	25:58+	30:06+	33:43+	37:14+	46:46+	50:16+	56:23+	58:46+	61:29+	64:42+	70:11+	78:10+	88:47+	90:04+	90:17+			
07:49+	06:54+	02:50+	04:08+	04:17+	04:08+	03:37+	03:31+	09:32+	03:30+	06:07+	02:23+	02:43+	03:13+	05:29+	07:59+	10:37+	01:17+	00:13+			
07:49+	06:54+	02:50+	04:08+	04:17+	04:08+	03:37+	03:31+	09:32+	03:30+	06:07+	02:23+	02:43+	03:13+	05:29+	07:59+	10:37+	01:17+	00:13+			
13	Lene Bejer Damgaard	37										1:30:24									
06:52+	11:35+	13:42+	18:08+	22:40+	27:27+	32:17+	36:49+	44:26+	50:09+	56:26+	58:32+	60:51+	63:47+	69:13+	78:36+	88:48+	90:09+	90:24+			
06:52+	04:43+	02:07+	04:26+	04:32+	04:47+	04:50+	04:32+	07:37+	05:43+	06:17+	02:06+	02:19+	02:56+	05:26+	09:23+	10:12+	01:21+	00:15+			
06:52+	04:43+	02:07+	04:26+	04:32+	04:47+	04:50+	04:32+	07:37+	05:43+	06:17+	02:06+	02:19+	02:56+	05:26+	09:23+	10:12+	01:21+	00:15+			
14	Kent Uhre Knudsen	Sok										1:36:46									
06:12+	15:30+	17:13+	20:39+	30:23+	35:46+	39:18+	43:50+	58:17+	62:17+	68:49+	70:41+	72:26+	75:05+	80:20+	87:55+	95:26+	96:35+	96:46+			
06:12+	09:18+	01:43+	03:26+	09:44+	05:23+	03:32+	04:32+	14:27+	04:00+	06:32+	01:52+	01:45+	02:39+	05:15+	07:35+	07:31+	01:09+	00:11+			
06:12+	09:18+	01:43+	03:26+	09:44+	05:23+	03:32+	04:32+	14:27+	04:00+	06:32+	01:52+	01:45+	02:39+	05:15+	07:35+	07:31+	01:09+	00:11+			
15	Susanne Kristensen	9										1:41:11									
09:32+	20:35+	23:02+	26:54+	32:23+	35:24+	40:58+	46:24+	53:53+	58:26+	69:36+	72:46+	75:07+	77:28+	83:03+	91:55+	99:36+	100:56+	101:11+			
09:32+	11:03+	02:27+	03:52+	05:29+	03:01+	05:34+	05:26+	07:29+	04:33+	11:10+	03:10+	02:21+	02:21+	05:35+	08:52+	07:41+	01:20+	00:15+			
09:32+	11:03+	02:27+	03:52+	05:29+	03:01+	05:34+	05:26+	07:29+	04:33+	11:10+	03:10+	02:21+	02:21+	05:35+	08:52+	07:41+	01:20+	00:15+			
16	Peter Sigvardt	17										1:41:42									
05:52+	12:26+	15:40+	18:40+	26:21+	29:36+	33:29+	53:21+	59:57+	64:44+	69:55+	72:39+	75:20+	77:37+	84:18+	93:40+	100:28+	101:32+	101:42+			
05:52+	06:34+	03:14+	03:00+	07:41+	03:15+	03:53+	19:52+	06:36+	04:47+	05:11+	02:44+	02:41+	02:17+	06:41+	09:22+	06:48+	01:04+	00:10+			
05:52+	06:34+	03:14+	03:00+	07:41+	03:15+	03:53+	19:52+	06:36+	04:47+	05:11+	02:44+	02:41+	02:17+	06:41+	09:22+	06:48+	01:04+	00:10+			

6kmsvær

17	Jan Kølbaek	39	1:43:00															
06:53+	11:16+	15:55+	19:30+	24:24+	28:55+	33:58+	39:02+	48:26+	52:33+	62:22+	64:41+	67:46+	72:08+	78:30+	87:21+	101:22+	102:49+	103:00+
06:53+	04:23+	04:39+	03:35+	04:54+	04:31+	05:03+	05:04+	09:24+	04:07+	09:49+	02:19+	03:05+	04:22+	06:22+	08:51+	14:01+	01:27+	00:11+
06:53+	04:23+	04:39+	03:35+	04:54+	04:31+	05:03+	05:04+	09:24+	04:07+	09:49+	02:19+	03:05+	04:22+	06:22+	08:51+	14:01+	01:27+	00:11+

18	Jens Bentsen	29	1:46:58															
07:32+	13:02+	16:23+	21:31+	27:02+	31:38+	37:01+	42:46+	51:34+	57:28+	65:35+	70:05+	73:11+	76:35+	84:44+	93:57+	105:06+	106:43+	106:58+
07:32+	05:30+	03:21+	05:08+	05:31+	04:36+	05:23+	05:45+	08:48+	05:54+	08:07+	04:30+	03:06+	03:24+	08:09+	09:13+	11:09+	01:37+	00:15+
07:32+	05:30+	03:21+	05:08+	05:31+	04:36+	05:23+	05:45+	08:48+	05:54+	08:07+	04:30+	03:06+	03:24+	08:09+	09:13+	11:09+	01:37+	00:15+

19	Maria Bo Kølbaek	39	2:10:23															
08:28+	13:46+	18:36+	22:26+	26:52+	35:37+	42:17+	47:47+	57:37+	66:13+	75:36+	78:50+	84:47+	88:37+	95:27+	112:35+	127:59+	130:09+	130:23+
08:28+	05:18+	04:50+	03:50+	04:26+	08:45+	06:40+	05:30+	09:50+	08:36+	09:23+	03:14+	05:57+	03:50+	06:50+	17:08+	15:24+	02:10+	00:14+
08:28+	05:18+	04:50+	03:50+	04:26+	08:45+	06:40+	05:30+	09:50+	08:36+	09:23+	03:14+	05:57+	03:50+	06:50+	17:08+	15:24+	02:10+	00:14+

20	Helle Schou	26	2:28:26															
10:59+	16:43+	18:56+	32:22+	39:45+	52:01+	56:40+	62:00+	72:36+	79:02+	87:55+	90:59+	94:12+	99:09+	107:23+	136:17+	146:26+	148:12+	148:26+
10:59+	05:44+	02:13+	13:26+	07:23+	12:16+	04:39+	05:20+	10:36+	06:26+	08:53+	03:04+	03:13+	04:57+	08:14+	28:54+	10:09+	01:46+	00:14+
10:59+	05:44+	02:13+	13:26+	07:23+	12:16+	04:39+	05:20+	10:36+	06:26+	08:53+	03:04+	03:13+	04:57+	08:14+	28:54+	10:09+	01:46+	00:14+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

7kmsvær

1	Thomas Skouenborg	26	55:53															
02:55=	04:13=	06:31=	11:51=	20:27=	22:30=	24:49=	29:35=	30:28=	33:48=	36:19=	39:26=	43:52=	51:20=	55:45=	55:53=			
02:55=	01:18=	02:18=	05:20=	08:36=	02:03=	02:18=	04:46=	00:53=	03:20=	02:31=	03:07=	04:26=	07:28=	04:25=	00:08=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			

2	Thomas Fredberg	Sok	59:15														
03:48+	05:02+	07:56+	11:45-	13:52-	22:37+	24:46-	27:02-	31:22+	32:14-	35:49-	39:15-	42:16-	48:00-	55:46+	58:22+	59:04+	59:15+
03:48+	01:14-	02:54+	03:49-	02:07-	08:45+	02:09-	02:16-	04:20+	00:52-	03:35+	03:26+	03:01-	05:44-	07:46+	02:36+	00:42+	00:11+
00:53&	00:04-	00:36&	01:31-	06:29-	06:42@	00:10-	02:30-	03:27@	02:28-	01:04&	00:19#	01:25-	01:44-	03:21&	02:28@	00:42+	00:11+

3	Ole Lind	3	1:14:01														
03:10+	04:28+	07:44+	13:20+	16:06-	26:38+	29:26+	32:25+	38:26+	39:35+	44:20+	47:44+	51:40+	57:21+	67:59+	73:03+	73:49+	74:01+
03:10+	01:18=	03:16+	05:36+	02:46-	10:32+	02:48+	02:59-	06:01+	01:09-	04:45+	03:24+	03:56-	05:41-	10:38+	05:04+	00:46+	00:12+
00:15+	00:00=	00:58&	00:16+	05:50-	08:29@	00:29#	01:47-	05:08@	02:11-	02:14&	00:17+	00:30-	01:47-	06:13@	04:56@	00:46+	00:12+

4	Torben Nørgaard	2	1:17:38														
02:42-	03:48-	07:11+	11:15-	13:48-	24:05+	29:41+	34:54+	40:32+	41:32+	46:20+	49:34+	53:15+	59:46+	71:51+	76:44+	77:24+	77:38+
02:42-	01:06-	03:23+	04:04-	02:33-	10:17+	05:36+	05:13+	05:38+	01:00-	04:48+	03:14+	03:41-	06:31-	12:05+	04:53+	00:40+	00:14+
00:13-	00:12-	01:05&	01:16-	06:03-	08:14@	03:17@	00:27+	04:45@	02:20-	02:17&	00:07+	00:45-	00:57-	07:40@	04:45@	00:40+	00:14+

5	Hanne Fogh	5	1:18:51														
03:54+	05:18+	08:24+	13:03+	16:08-	27:56+	32:51+	35:22+	42:14+	43:29+	48:12+	51:57+	56:44+	62:41+	73:26+	77:54+	78:37+	78:51+
03:54+	01:24+	03:06+	04:39+	03:05-	11:48+	04:55+	02:31-	06:52+	01:15-	04:43+	03:45+	04:47+	05:57-	10:45+	04:28+	00:43+	00:14+
00:59&	00:06+	00:48&	00:41-	05:31-	09:45@	02:36@	02:15-	05:59@	02:05-	02:12&	00:38#	00:21+	01:31-	06:20@	04:20@	00:43+	00:14+

6	Christen K. Laursen	13	1:19:56														
03:42+	06:41+	10:26+	18:04+	21:45+	32:32+	36:21+	39:15+	44:49+	45:51+	50:27+	53:37+	57:48+	64:01+	74:35+	79:00+	79:44+	79:56+
03:42+	02:59+	03:45+	07:38+	03:41-	10:47+	03:49+	02:54-	05:34+	01:02-	04:36+	03:10+	04:11-	06:13-	10:34+	04:25+	00:44+	00:12+
00:47&	01:41@	01:27&	02:18&	04:55-	08:44@	01:30&	01:52-	04:41@	02:18-	02:05&	00:03+	00:15-	01:15-	06:09@	04:17@	00:44+	00:12+

7kmsvør

7	Patrick Dresel	30	1:25:23														
04:20+	05:53+	15:17+	20:42+	23:54+	34:29+	37:34+	40:17+	46:24+	47:57+	52:19+	56:50+	60:36+	67:34+	79:57+	84:26+	85:10+	85:23+
04:20+	01:33+	09:24+	05:25+	03:12-	10:35+	03:05+	02:43-	06:07+	01:33-	04:22+	04:31+	03:46-	06:58-	12:23+	04:29+	00:44+	00:13+
01:25&	00:15#	07:06@	00:05+	05:24-	08:32@	00:46&	02:03-	05:14@	01:47-	01:51&	01:24&	00:40-	00:30-	07:58@	04:21@	00:44+	00:13+

8	Søren Flyvbjerg	NOTEAM	1:34:44														
04:24+	06:10+	10:02+	16:10+	21:40+	34:00+	38:05+	41:16+	47:21+	48:37+	53:50+	57:22+	62:32+	72:11+	88:20+	93:36+	94:32+	94:44+
04:24+	01:46+	03:52+	06:08+	05:30+	12:20+	04:05+	03:11+	06:05+	01:16+	05:13+	03:32+	05:10+	09:39+	16:09+	05:16+	00:56+	00:12+
04:24+	01:46+	03:52+	06:08+	05:30+	12:20+	04:05+	03:11+	06:05+	01:16+	05:13+	03:32+	05:10+	09:39+	16:09+	05:16+	00:56+	00:12+

9	Markus Dresel	30	1:36:46														
06:57+	10:05+	13:55+	20:38+	23:56+	35:50+	40:16+	48:14+	54:56+	56:46+	63:01+	66:54+	71:40+	78:22+	89:36+	95:59+	96:34+	96:46+
06:57+	03:08+	03:50+	06:43+	03:18+	11:54+	04:26+	07:58+	06:42+	01:50+	06:15+	03:53+	04:46+	06:42+	11:14+	06:23+	00:35+	00:12+
06:57+	03:08+	03:50+	06:43+	03:18+	11:54+	04:26+	07:58+	06:42+	01:50+	06:15+	03:53+	04:46+	06:42+	11:14+	06:23+	00:35+	00:12+

10	Flemming Schønning Rosenvinge	26	1:43:03														
06:10+	07:42+	17:07+	30:34+	34:16+	47:29+	51:52+	54:27+	61:00+	62:26+	69:16+	72:40+	76:47+	83:35+	96:35+	102:05+	102:47+	103:03+
06:10+	01:32+	09:25+	13:27+	03:42+	13:13+	04:23+	02:35+	06:33+	01:26+	06:50+	03:24+	04:07+	06:48+	13:00+	05:30+	00:42+	00:16+
06:10+	01:32+	09:25+	13:27+	03:42+	13:13+	04:23+	02:35+	06:33+	01:26+	06:50+	03:24+	04:07+	06:48+	13:00+	05:30+	00:42+	00:16+

11	Henning Schou	26	1:45:19														
04:08+	05:50+	09:41+	17:04+	20:38+	35:15+	41:58+	46:16+	55:10+	56:52+	63:42+	67:45+	73:05+	81:15+	95:36+	104:15+	105:07+	105:19+
04:08+	01:42+	03:51+	07:23+	03:34+	14:37+	06:43+	04:18+	08:54+	01:42+	06:50+	04:03+	05:20+	08:10+	14:21+	08:39+	00:52+	00:12+
04:08+	01:42+	03:51+	07:23+	03:34+	14:37+	06:43+	04:18+	08:54+	01:42+	06:50+	04:03+	05:20+	08:10+	14:21+	08:39+	00:52+	00:12+

12	Lennart Bo Kristiansen	37	1:47:14														
05:30+	07:09+	10:52+	17:45+	21:40+	37:36+	42:04+	45:19+	53:35+	55:09+	66:41+	70:47+	77:51+	86:06+	99:34+	106:18+	107:01+	107:14+
05:30+	01:39+	03:43+	06:53+	03:55+	15:56+	04:28+	03:15+	08:16+	01:34+	11:32+	04:06+	07:04+	08:15+	13:28+	06:44+	00:43+	00:13+
05:30+	01:39+	03:43+	06:53+	03:55+	15:56+	04:28+	03:15+	08:16+	01:34+	11:32+	04:06+	07:04+	08:15+	13:28+	06:44+	00:43+	00:13+

13	Anker Møller	Sok	2:11:26															
03:44+	06:43+	17:15+	25:29+	29:14+	43:16+	47:52+	58:29+	62:10+	69:13+	70:39+	76:44+	89:01+	97:29+	108:56+	124:35+	130:18+	131:12+	131:26+
03:44+	02:59+	10:32+	08:14+	03:45+	14:02+	04:36+	10:37+	03:41+	07:03+	01:26+	06:05+	12:17+	08:28+	11:27+	15:39+	05:43+	00:54+	00:14+
03:44+	02:59+	10:32+	08:14+	03:45+	14:02+	04:36+	10:37+	03:41+	07:03+	01:26+	06:05+	12:17+	08:28+	11:27+	15:39+	05:43+	00:54+	00:14+

Beste stræktid for klassen

= Som klassevinner , - raskere , + senere , # 10% tab , & 25% tab , @ 100% tab.

9kmsvør

1	Elias Hinge Krogsgaard	Sok	1:05:41																						
02:53=	04:58=	05:56=	08:11=	10:11=	13:56=	16:43=	23:44=	25:39=	27:36=	31:19=	32:29=	33:11=	33:59=	36:16=	38:36=	45:26=	46:38=	49:19=	51:08=	58:41=	59:59=	63:02=	64:44=	65:34=	65:41=
02:53=	02:05=	00:58=	02:15=	02:00=	03:45=	02:47=	07:01=	01:55=	01:57=	03:43=	01:10=	00:42=	00:48=	02:17=	02:20=	06:50=	01:12=	02:41=	01:49=	07:33=	01:18=	03:03=	01:42=	00:50=	00:07=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	René Rokkjær	Sok	1:10:01																						
03:03+	05:08+	06:03+	08:27+	10:50+	14:36+	18:20+	26:24+	28:16+	31:06+	35:06+	36:26+	37:12+	38:03+	40:46+	43:03+	49:18+	51:26+	54:52+	56:16+	63:03+	64:41+	66:59+	68:51+	69:52+	70:01+
03:03+	02:05=	00:55-	02:24+	02:23+	03:46+	03:44+	08:04+	01:52-	02:50+	04:00+	01:20+	00:46+	00:51+	02:43+	02:17-	06:15-	02:08+	03:26+	01:24-	06:47-	01:38+	02:18-	01:52+	01:01+	00:09+
00:10+	00:00=	00:03-	00:09+	00:23#	00:01+	00:57&	01:03#	00:03-	00:53&	00:17+	00:10#	00:04+	00:03+	00:26#	00:03-	00:35-	00:56&	00:45&	00:25-	00:46-	00:20&	00:45-	00:10+	00:11#	00:02&

3	Kristian Blok	26	1:24:37																						
03:09+	05:18+	06:19+	08:48+	11:21+	15:19+	18:36+	30:01+	31:48+	33:44+	38:09+	39:57+	40:56+	41:53+	44:38+	48:59+	57:03+	59:11+	64:26+	66:04+	76:10+	77:54+	80:39+	83:13+	84:24+	84:37+
03:09+	02:09+	01:01+	02:29+	02:33+	03:58+	03:17+	11:25+	01:47-	01:56-	04:25+	01:48+	00:59+	00:57+	02:45+	04:21+	08:04+	02:08+	05:15+	01:38-	10:06+	01:44+	02:45-	02:34+	01:11+	00:13+
00:16+	00:04+	00:03+	00:14#	00:33&	00:13+	00:30#	04:24&	00:08-	00:01-	00:42#	00:38&	00:17&	00:09#	00:28#	02:01&	01:14#	00:56&	02:34&	00:11-	02:33&	00:26&	00:18-	00:52&	00:21&	00:06&

Plas	Navn	Klasse																		Tid									
9kmsvær																													
4	Thomas Blok	26																		1:29:32									
03:16+	05:48+	06:53+	09:22+	12:33+	17:38+	21:40+	31:03+	32:54+	35:05+	39:15+	40:45+	41:34+	42:25+	45:03+	48:12+	63:12+	65:09+	69:20+	70:55+	81:20+	82:47+	85:31+	88:19+	89:21+	89:32+				
03:16+	02:32+	01:05+	02:29+	03:11+	05:05+	04:02+	09:23+	01:51-	02:11+	04:10+	01:30+	00:49+	00:51+	02:38+	03:09+	15:00+	01:57+	04:11+	01:35-	10:25+	01:27+	02:44-	02:48+	01:02+	00:11+				
00:23#	00:27#	00:07#	00:14#	01:11&	01:20&	01:15&	02:22&	00:04-	00:14#	00:27#	00:20&	00:07#	00:03+	00:21#	00:49&	08:10@	00:45&	01:30&	00:14-	02:52&	00:09#	00:19-	01:06&	00:12#	00:04&				
5	Kent Kristensen	9																		1:58:45									
04:42+	08:37+	10:14+	14:08+	22:25+	28:42+	33:47+	49:47+	53:04+	55:40+	61:49+	63:42+	65:02+	66:20+	71:01+	74:33+	85:04+	88:08+	93:00+	95:45+	107:08+	109:14+	113:48+	117:09+	118:35+	118:45+				
04:42+	03:55+	01:37+	03:54+	08:17+	06:17+	05:05+	16:00+	03:17+	02:36+	06:09+	01:53+	01:20+	01:18+	04:41+	03:32+	10:31+	03:04+	04:52+	02:45+	11:23+	02:06+	04:34+	03:21+	01:26+	00:10+				
04:42+	03:55+	01:37+	03:54+	08:17+	06:17+	05:05+	16:00+	03:17+	02:36+	06:09+	01:53+	01:20+	01:18+	04:41+	03:32+	10:31+	03:04+	04:52+	02:45+	11:23+	02:06+	04:34+	03:21+	01:26+	00:10+				
6	Svend Christiansen	31																		2:04:57									
04:53+	08:01+	09:32+	13:25+	17:00+	23:43+	28:36+	41:58+	45:11+	47:53+	53:26+	55:27+	56:37+	58:07+	62:22+	67:03+	76:25+	78:48+	84:23+	88:22+	105:45+	113:58+	118:58+	122:56+	124:44+	124:57+				
04:53+	03:08+	01:31+	03:53+	03:35+	06:43+	04:53+	13:22+	03:13+	02:42+	05:33+	02:01+	01:10+	01:30+	04:15+	04:41+	09:22+	02:23+	05:35+	03:59+	17:23+	08:13+	05:00+	03:58+	01:48+	00:13+				
04:53+	03:08+	01:31+	03:53+	03:35+	06:43+	04:53+	13:22+	03:13+	02:42+	05:33+	02:01+	01:10+	01:30+	04:15+	04:41+	09:22+	02:23+	05:35+	03:59+	17:23+	08:13+	05:00+	03:58+	01:48+	00:13+				
7	Jes Mose Jensen	Akif																		2:21:47									
09:07+	14:13+	16:28+	21:28+	25:35+	33:03+	38:44+	53:47+	58:29+	61:30+	69:19+	71:42+	73:00+	76:35+	80:53+	85:12+	95:51+	100:16+	106:40+	109:10+	119:47+	121:50+	126:20+	139:44+	141:27+	141:47+				
09:07+	05:06+	02:15+	05:00+	04:07+	07:28+	05:41+	15:03+	04:42+	03:01+	07:49+	02:23+	01:18+	03:35+	04:18+	04:19+	10:39+	04:25+	06:24+	02:30+	10:37+	02:03+	04:30+	13:24+	01:43+	00:20+				
09:07+	05:06+	02:15+	05:00+	04:07+	07:28+	05:41+	15:03+	04:42+	03:01+	07:49+	02:23+	01:18+	03:35+	04:18+	04:19+	10:39+	04:25+	06:24+	02:30+	10:37+	02:03+	04:30+	13:24+	01:43+	00:20+				
8	Michael Filyo	Sok																		2:25:15									
07:53+	11:19+	12:36+	15:47+	21:25+	26:48+	31:20+	44:54+	47:45+	51:40+	57:24+	61:14+	62:17+	65:07+	74:17+	79:05+	88:36+	90:25+	95:16+	97:29+	128:19+	130:25+	134:48+	143:20+	144:59+	145:15+				
07:53+	03:26+	01:17+	03:11+	05:38+	05:23+	04:32+	13:34+	02:51+	03:55+	05:44+	03:50+	01:03+	02:50+	09:10+	04:48+	09:31+	01:49+	04:51+	02:13+	30:50+	02:06+	04:23+	08:32+	01:39+	00:16+				
07:53+	03:26+	01:17+	03:11+	05:38+	05:23+	04:32+	13:34+	02:51+	03:55+	05:44+	03:50+	01:03+	02:50+	09:10+	04:48+	09:31+	01:49+	04:51+	02:13+	30:50+	02:06+	04:23+	08:32+	01:39+	00:16+				
9	Karina Maiken	31																		2:40:51									
09:06+	13:08+	14:40+	21:45+	26:12+	36:19+	41:43+	60:44+	64:29+	68:37+	74:58+	78:22+	79:39+	81:32+	90:26+	96:13+	112:50+	115:23+	122:41+	125:46+	142:27+	146:14+	154:31+	158:58+	160:37+	160:51+				
09:06+	04:02+	01:32+	07:05+	04:27+	10:07+	05:24+	19:01+	03:45+	04:08+	06:21+	03:24+	01:17+	01:53+	08:54+	05:47+	16:37+	02:33+	07:18+	03:05+	16:41+	03:47+	08:17+	04:27+	01:39+	00:14+				
09:06+	04:02+	01:32+	07:05+	04:27+	10:07+	05:24+	19:01+	03:45+	04:08+	06:21+	03:24+	01:17+	01:53+	08:54+	05:47+	16:37+	02:33+	07:18+	03:05+	16:41+	03:47+	08:17+	04:27+	01:39+	00:14+				

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.